

TEKRARLAYAN  
GEBELİK  
KAYIPLARI

PROF.DR.SEDAT KADANALI

# Definitions of infertility and recurrent pregnancy loss: a committee opinion

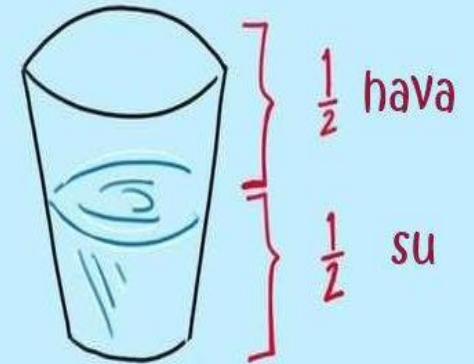
Practice Committee of the American Society for Reproductive Medicine

Recurrent pregnancy loss is a disease\* distinct from infertility, defined by two or more failed pregnancies.

When the cause is unknown, each pregnancy loss merits careful review to determine whether specific evaluation may be appropriate.

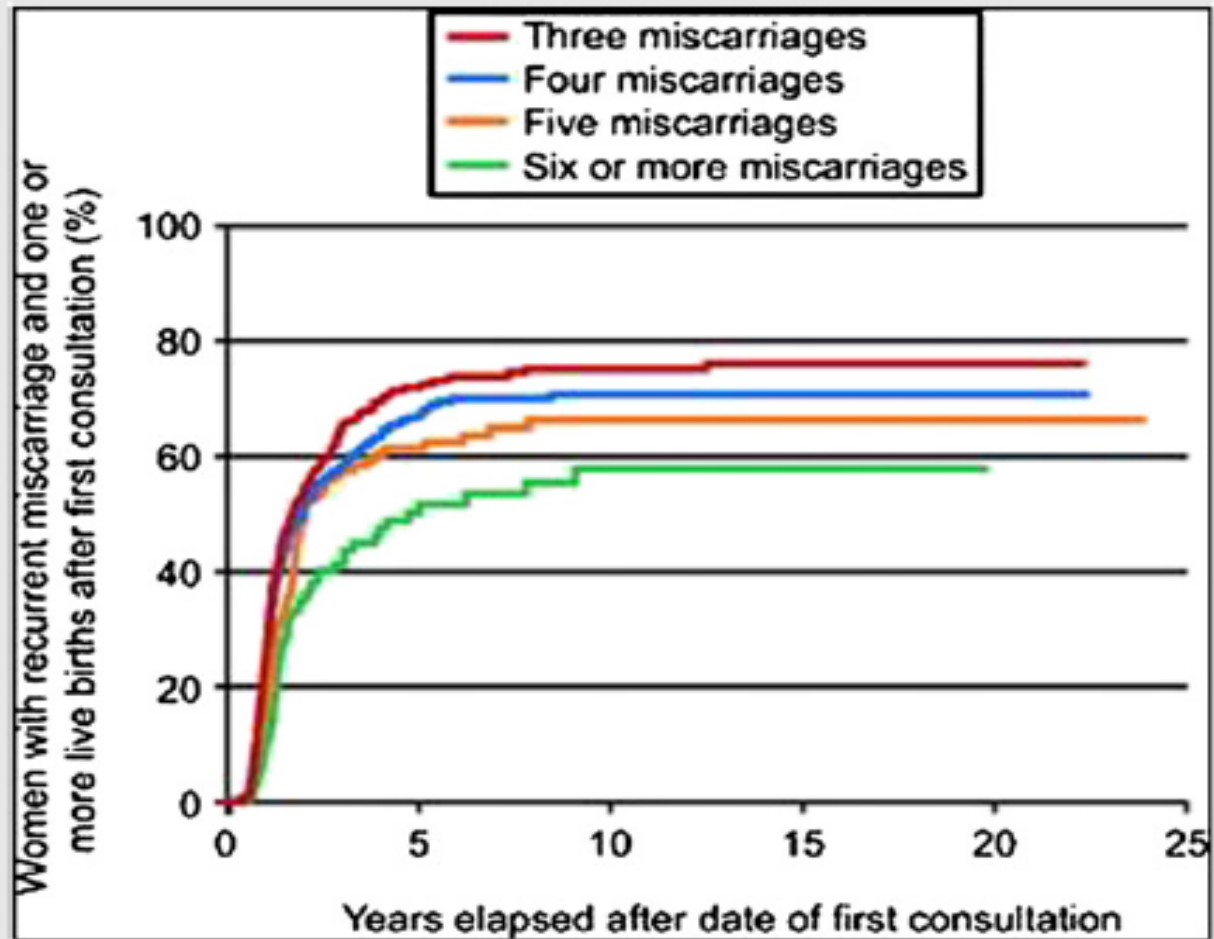
# TGK Riski

Outcome	Prior Losses	Recurrence Risk %	
Liveborn	0	12	
	1	24	
	2	26	
	3	32	
	4	26	
	No Live Births	1	19
	2	35	
	3	47	
	4	54	



teknik olarak,  
bardağın tamamı  
dolu.

## FIGURE 1



Kaplan-Meier plot showing percentage of women in the recurrent miscarriage cohort who have had at least one live birth after first consultation by number of miscarriages before first consultation. (Lund et al. Recurrent miscarriage and prognosis for live birth. *Obstet Gynecol* 2012.)

*Practice Committee. Recurrent pregnancy loss. Fertil Steril* 2012.

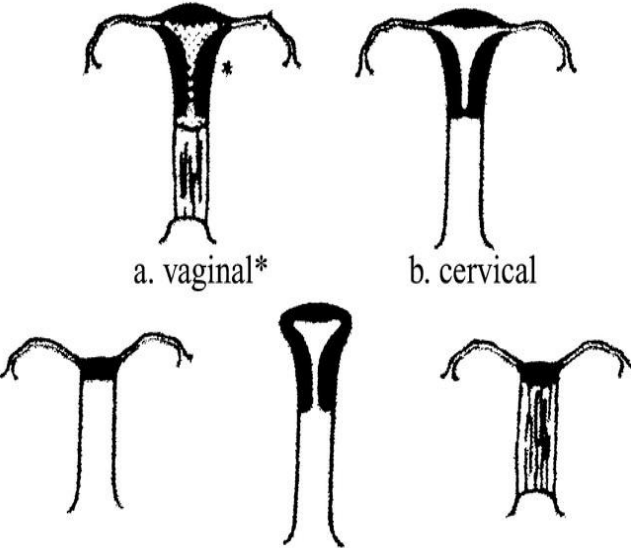
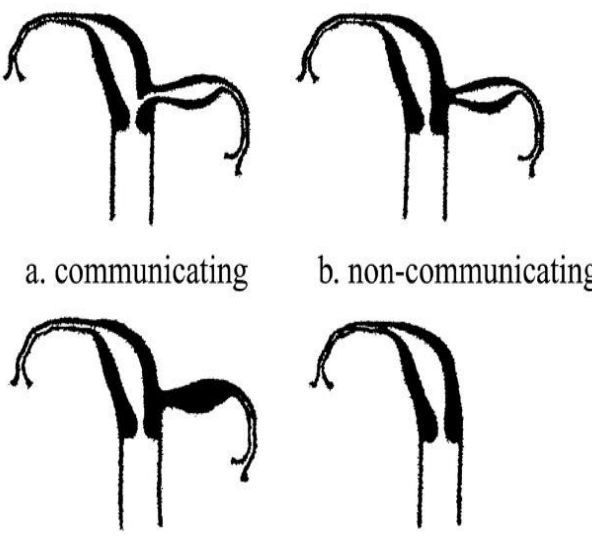
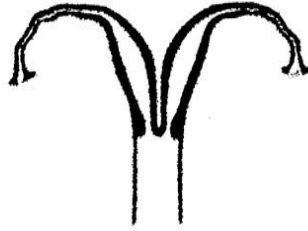
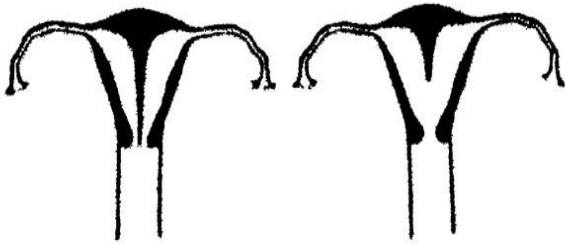
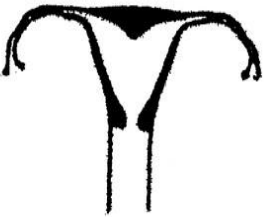
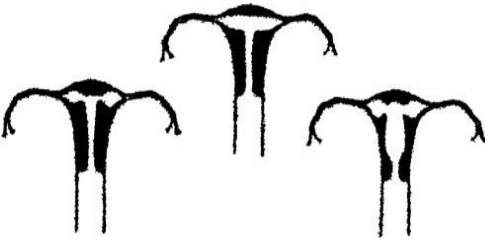
# ETYOLOJİK FAKTÖRLER

- Anatomik Faktörler %12-16
- Genetik Faktörler %3.5-5
- Endokrin Faktörler %17-20
- İnfeksiyöz Faktörler %0.5-5
- İmmünolojik Faktörler %20-50
- Diğer Faktörler %10



# Classification system of Mullerian duct anomalies developed by the American Fertility Society



<p>I. Hypoplasia/Agenesis</p>  <p>a. vaginal*      b. cervical</p> <p>c. fundal      d. tubal      e. combined</p>	<p>II. Unicornuate</p>  <p>a. communicating      b. non-communicating</p> <p>c. no cavity      d. no horn</p>	<p>III. Didelphus</p> 
<p>V. Septate</p>  <p>a. complete**      b. partial</p>	<p>VI. Arcuate</p> 	<p>VII. DES Drug Related</p> 



# İnfeksiyon

- TGK ile hiçbir enfeksiyöz ajanın ilişkisi gösterilememiştir.
  - *Ureaplasma urealyticum* , *Mycoplasma huminis*, *chlamidya*, *Listeria monocytogenesis*, *Toxoplasma gondii*, *rubella*, *HSV*, *CMV*, etc
  - Bu organizmaların TGK de rutin taranması gereksizdir.
  - Antibiyotik kullanımı da gereksizdir.

# Thrombophilia

- En sık kalıtsal olanlar
  - Heterozygous Factor V Leiden (G1691A)
  - Factor II-prothrombin mutation (G20210A)
  - Hyperhomocysteinemia (MTHFR C677T and A1298C)
- Diğer muhtemel anomaliler
  - Anti-thrombin eksikliği
  - Protein C or S eksikliği
  - Factor VIII Artışı



# Ülkemizde TGK-Trombofili çalışmaları

ARAŞTIRICI	TGK N:	KONTROL N:	MTHFR FV LEIDEN PRT G	SONUÇ
Şahin İF, ark	205	100	+	ANLAMSIZ
Altıntaş A. ve ark	114	185	+	ANLAMSIZ
Özdemir S ve ark.	251	50	+	ANLAMSIZ
Gazi Y. ve ark	57	47	+	ANLAMSIZ
Eminov E.	166	74	+	ANLAMSIZ
İmir G ve ark.	272	52	+	ANLAMLI



ELSEVIER

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THROMBOSIS  
RESEARCH

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[intl.elsevierhealth.com/journals/thre](http://intl.elsevierhealth.com/journals/thre)

# Thrombophilia and pregnancy loss: cause or association

**Jean-Christophe Gris\***

*Department of Haematology, University Hospital, Nîmes; Faculty of Pharmacy and research team EA 2992, University of Montpellier, France*

## The natural

P. G. LINDQVIST  
Departments of Obstetr  
Sweden

To cite this article: Lind

See also Lindqvist PG, M  
3: 221-3; Brenner B, Ho  
women with thromboph

**Table 1** Pregnancy outcome in different subgroups of women with prior fetal loss

	Prior live birth rate (%)	Present live birth rate (%)
<b>Recurrent fetal loss</b>		
Enoxaparin 40 or 80 mg ( <i>n</i> = 50) [3]*	20	75
Enoxaparin 40 mg ( <i>n</i> = 89) [4]*	28	84
Enoxaparin 80 mg ( <i>n</i> = 91) [4]*	28	78
No treatment ( <i>n</i> = 37) <sup>†, **</sup>	28	89
<b>Second trimester fetal loss</b>		
1 prior ( <i>n</i> = 43) no treatment**	49	98
≥2 prior ( <i>n</i> = 10) prior no treatment**	30	80
<b>Nulliparous women with one prior fetal losses and carriers of factor V Leiden (FVL)</b>		
Low-dose Aspirin ( <i>n</i> = 36) [7]	0	29
Enoxaparin 40 mg ( <i>n</i> = 36) [7]	0	94
No treatment ( <i>n</i> = 20) <sup>†, **</sup>	0	95
No treatment ( <i>n</i> = 52) <sup>§, **</sup>	40	98

Recurrent fetal loss ≥3 first trimester and/or ≥2 second trimester fetal loss.

\*Includes or/and ≥1 stillbirth.

<sup>†</sup>Includes women with and without thrombophilia.

<sup>‡</sup>Nulliparous carriers of FVL with at least 1 prior fetal loss.

<sup>§</sup>FVL carriers with at least 1 prior fetal loss.

\*\*Present study.

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Kalıtımsal trombofililer ile TGK arasında ilişki olabileceği iddia edilmişse de çalışmalarda bu doğrulanmamıştır.

## Evaluation and treatment of recurrent pregnancy loss: a committee opinion

The Practice Committee of the American Society for Reproductive Medicine  
American Society for Reproductive Medicine, Birmingham, Alabama



TGK lı kadınlar kalıtımsal trombofililer açısından rutin olarak incelenmemelidir.

The major pregnancy cases of R...  
American...  
Earn online

Discuss: You can discuss this article with its authors and with other ASRM members at [fertilityforum.com/goldsteinj-evaluation-treatment-recurrent-pregnancy-loss-committee-opinion/](http://fertilityforum.com/goldsteinj-evaluation-treatment-recurrent-pregnancy-loss-committee-opinion/)



\* Download a free QR code scanner by searching for "QR scanner" in your smartphone's app store or app marketplace.

## BOX 1: ACMG RECOMMENDATIONS

- *MTHFR* polymorphism genotyping should not be ordered as part of the clinical evaluation for thrombophilia or recurrent pregnancy loss
- *MTHFR* polymorphism genotyping should not be ordered for at-risk family members
- A clinical geneticist who serves as a consultant for a patient in whom an *MTHFR* polymorphism(s) is found should ensure that the patient has received a thorough and appropriate evaluation for his or her symptoms
- If the patient is homozygous for the “thermolabile” variant c.665C→T, the geneticist may order a fasting total plasma homocysteine, if not previously ordered, to provide more accurate counseling
- *MTHFR* status does not change the recommendation that women of childbearing age should take the standard dose of folic acid supplementation to reduce the risk of neural tube defects as per the general population guidelines<sup>71-77</sup>

© American College of Med

ACM

Scott E. Hic

Genetics  
Medicine

*MTHFR*

MD, FACMG<sup>3</sup>

# APS Kriterleri

- Laboratuvar bulguları
- Anti-cardiolipin (aCL) antikolarlar: IgG **veya** IgM, 2 kez **veya** daha fazla, en az 12 hafta aralıklarla orta **veya** üst derece yüksek seviyelerinin ölçümü
- Lupus anticoagulant (LA) antikolarlar: 2 kez **veya** daha fazla, en az 12 hafta aralıklarla
- Anti- $\beta$ 2 glycoprotein I (IgG or M) 2 kez **veya** daha fazla, en az 12 hafta aralıklarla

# RECURRENT PREGNANCY LOSS

**TABLE 2**

Prevalence of abnormal results for each evidence-based diagnostic test from 1020 patients with RPL.

No. of consecutive pregnancy losses

Test	No. of consecutive pregnancy losses			P value	Total (n = 1020)	Control populations
	2 (n = 447)	3 (n = 343)	≥4 (n = 230)			
Parental genetics	2.8 (8/281)	5.4 (15/280)	5.2 (11/212)	.28	4.4 (34/773)	0.4 (4/1000) <sup>a</sup>
Uterine anatomy	18.7 (75/401)	18.2 (55/303)	16.7 (34/203)	.84	18.1 (164/907)	7.5 (148/1961) <sup>b</sup>
Lupus anticoagulant	5.0 (20/400)	2.9 (9/307)	1.9 (4/216)	.10	3.6 (33/923)	<sup>c</sup>
Anticardiolipin	15.6 (64/409)	13.1 (42/320)	17.1 (37/217)	.42	15.1 (143/946)	6.7 (7/104) <sup>d</sup>
Factor V Leiden	4.2 (6/144)	8.1 (8/99)	10.3 (7/68)	.21	6.8 (21/311)	6.8 (25/366) <sup>e</sup>
TSH	8.1 (32/396)	6.5 (19/291)	6.2 (12/194)	.62	7.2 (63/881)	3.9 (241/6182) <sup>f</sup>
Blood glucose	0 (0/193)	0.8 (1/124)	0 (0/73)	.34	0.3 (1/390)	<sup>g</sup>



**TABLE 4**

 Prevalence of abnormal results for each investigative diagnostic test given to 1018<sup>a</sup> patients with RPL.

No. of consecutive pregnancy losses

Test	No. of consecutive pregnancy losses			P value	Total	Control populations
	2	3	≥4			
Antiphosphatidyl serine antibodies <sup>b</sup>	4.6 (18/391)	5.6 (16/288)	7.8 (15/193)	.29	5.6 (49/872)	0.5 (2/392) <sup>c</sup>
Microbial infection	16.5 (70/425)	13.6 (45/331)	16.2 (37/228)	.52	15.4 (152/984)	20.0 (27/135) <sup>d</sup>
Midluteal P	16.7 (63/377)	16.7 (47/281)	16.1 (31/193)	.98	16.6 (141/851)	9.4 (5/53) <sup>e</sup>
PRL	5.9 (21/358)	6.1 (16/264)	4.8 (9/186)	.84	5.7 (46/808)	0.4 (40/10,000) <sup>f</sup>
Functional protein C activity	0.9 (1/115)	0 (0/85)	3.3 (2/61)	.17	1.1 (3/261)	2.0 (7/345) <sup>g</sup>
Functional protein S activity	3.5 (4/115)	2.4 (2/85)	5.0 (3/60)	.69	3.5 (9/260)	3.5 (9/254) <sup>g</sup>
Antithrombin activity	2.6 (3/115)	0 (0/85)	1.6 (1/61)	.33	1.5 (4/261)	0.8 (2/264) <sup>g</sup>
Homocysteine/MTHFR	15.1 (22/146)	10.2 (10/98)	17.1 (12/70)	.39	14.0 (44/314)	5.2 (13/249) <sup>h</sup>
Factor II mutation	2.7 (2/74)	4.8 (2/42)	3.7 (1/27)	.84	3.5 (5/143)	1.7 (6/359) <sup>g</sup>



## **Table II. Recommendation for the testing of couple presenting with recurrent miscarriage ( $\geq 3$ miscarriages)**

### **Basic investigations**

Obstetric and family history, age, BMI, organic solvents, alcohol, mercury, lead, caffeine, hyperthermia, smoking

Full blood count (blood sugar level and thyroid function tests)

Antiphospholipid antibodies (LAC and aLC)

Parental karyotype (after 2 miscarriages—see Table I)

Pelvic ultrasound (SIS) and/or hysterosalpingogram and hysteroscopy and laparoscopy in case of inconclusive findings

### **Research investigations within the context of a trial**

Feto-placental karyotypes

Testing of uterine and/or peripheral blood NK cells

Mannan-binding lectin (MBL) level

Luteal phase endometrial biopsy

Homocysteine/folic acid level

Thrombophilia screening

## Table III. Recommendation for the medical treatment of women with recurrent miscarriage (RM) ( $\geq 3$ consecutive miscarriages)

### Established treatment

Tender loving care (TLC) and health advices (diet, coffee, smoking and alcohol)

### Treatment requiring more RCTS

Aspirin and/or LMW heparins for women presenting with APS or (multiple) inherited thrombophilias

Progesterone in women presenting with unexplained early and late RM

IVIg in women presenting with unexplained secondary RM or late RM

Folic acid in women presenting with hyperhomocysteinaemia

Immunization with third-party donor leukocyte

### Treatment of no proven benefit

Immunization with paternal leukocytes or trophoblast membranes

Multivitamins supplementation

### Treatment associated with more harm than benefit

Daily corticoids during the first half of pregnancy

# Evaluation and treatment of recurrent pregnancy loss: a committee opinion

The Practice Committee of the American Society for Reproductive Medicine  
American Society for Reproductive Medicine, Birmingham, Alabama

The majority of miscarriages are sporadic and most result from genetic causes that are greatly influenced by maternal age. Recurrent pregnancy loss (RPL) is defined by two or more failed clinical pregnancies, and up to 50% of cases of RPL will not have a clearly defined etiology. (Fertil Steril® 2012;98:1103–11. ©2012 by American Society for Reproductive Medicine.)

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**Discuss:** You can discuss this article with its authors and with other ASRM members at <http://fertilityforum.com/goldsteinj-evaluation-treatment-recurrent-pregnancy-loss-committee-opinion/>



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## November 2012



**TABLE 1**

**Suspected causes of recurrent pregnancy loss.**

<b>Cause</b>	<b>Contribution to RPL (%)</b>	<b>Recommended screening</b>	<b>Supportive scientific evidence</b>	<b>Controversial scientific evidence</b>	<b>Not recommended</b>
Cytogenetic	2–5	Balanced reciprocal translocations			
aPL syndrome	8–42 (mean, 15)	Lupus anticoagulant, anticardiolipin IgG or IgM antibody, anti- $\beta_2$ glycoprotein I	IgG and IgM antibodies, aPL testing for other phospholipids and $\beta_2$ glycoprotein I	IgG or IgM anti-annexin A5, anti-factor XII, anti-prothrombin, IgA aPLs	ANA, antithyroid antibodies
Anatomic	1.8–37.6 (mean, 12.6)	Hysterosalpingography Sonohysterography	Congenital uterine abnormalities	Uterine fibroids, polyps	Cervical incompetence
Hormonal or metabolic		Prolactin TSH Hemoglobin A1c	Uncontrolled diabetes or thyroid disease, prolactin	Polycystic ovary syndrome and insulin resistance, luteal phase progesterone	
Infectious		None		Bacterial vaginosis, endocervical infections	
Male factors		None		Abnormal sperm DNA	
Psychological		None		Psychological effects on uterine receptivity	
Alloimmune		None		Mucosal CD16– NK cells, embryotoxic factor, cytokine profiles, blocking antibodies, HLA typing, anti-paternal leukocyte antibodies, circulating CD16– NK cells	Circulating CD16– NK cells
Environmental, occupational, or personal habits		History			Not related to recurrent pregnancy loss

Note: ANA = antinuclear antibodies; aPL = antiphospholipid.

Practice Committee. Recurrent pregnancy loss. *Fertil Steril* 2012.



# TGK Araştırılması



- Ararda 2 kayıptan sonra araştırılmalıdır
- Eşlerin karyotipisi
- aCL, LA ve Anti- $\beta$ 2 glycoprotein I
- Sonohysterogram, hysterosalpingogram and /or Hysteroscopy
- Troid or prolaktin anormallikleri ve kontrolsüz diabet

# TGK de önerilmeyen testler

- İnfeksiyon
- ANA, anti-tiroit antikolarlar
- Trombofili taraması
- CD 16, CD 56, NK hücrelere bakılması
- Blokan antikolarlar, HLA tiplemesi
- Sperm DNA fragmantasyonu

<b>LABORATUVAR HİZMETLERİ</b>	<b>Adet</b>	<b>Doktor Adı</b>	<b>Toplam</b>	<b>Kurum</b>	<b>Hasta</b>
	<b>22</b>		<b>3,000.00</b>	<b>0.00</b>	<b>3,000.00</b>
<i>ANA (Anti Nükleer Antikoru)</i>	1		63.66	0.00	63.66
<i>Anti-Beta-2 Glikoprotein I IgG</i>	1		71.62	0.00	71.62
<i>Anti-Beta-2 Glikoprotein I IgM</i>	1		71.62	0.00	71.62
<i>Anti-Kardiyolipin IgG antikoru(ACA IgG)</i>	1		66.05	0.00	66.05
<i>Anti-Kardiyolipin IgM antikoru(ACA IgM)</i>	1		66.05	0.00	66.05
<i>Anti-Trombin III</i>	1		67.64	0.00	67.64
<i>APTT (Akt. Pars. Tromboplastin zaman)</i>	1		26.26	0.00	26.26
<i>CD19</i>	1		52.52	0.00	52.52
<i>CD3 Total T Lenfosit</i>	1		52.52	0.00	52.52
<i>CD4 T-Helper Lenfosit</i>	1		55.70	0.00	55.70
<i>CD56</i>	1		52.52	0.00	52.52
<i>CD8 T-Supressor Lenfosit</i>	1		54.91	0.00	54.91
<i>HLA doku tiplendirmesi (A, B, C, DR)</i>	1		795.75	0.00	795.75
<i>Homosistein (serum)</i>	1		77.19	0.00	77.19
<i>Interleukin 1 Alfa</i>	1		266.58	0.00	266.58
<i>Interleukin 6 Alfa</i>	1		266.58	0.00	266.58
<i>Interleukin 8 Alfa</i>	1		298.41	0.00	298.41
<i>Lupus antikoagulanlar</i>	1		79.58	0.00	79.58
<i>PRA (Panel Reactive Antikor)</i>	1		318.30	0.00	318.30
<i>Protein C Aktivitesi</i>	1		89.12	0.00	89.12
<i>Protein S Aktivitesi</i>	1		89.12	0.00	89.12
<i>PT (Protrombin zamanı)</i>	1		18.30	0.00	18.30
<b>Genel Toplam</b>			<b>3,000.00</b>	<b>0.00</b>	<b>3,000.00</b>

# Cost-effectiveness of cytogenetic evaluation of products of conception in the patient with a second pregnancy loss

Aneuploidy found in POC karyotype

<35	52	
35–40 <sup>a</sup>	65	10–80
>40	75	
Technical failure of cytogenetic analysis	10	4–16
Abnormality found in RPL workup	42	20–80

Simplified schematic representation of decision model.

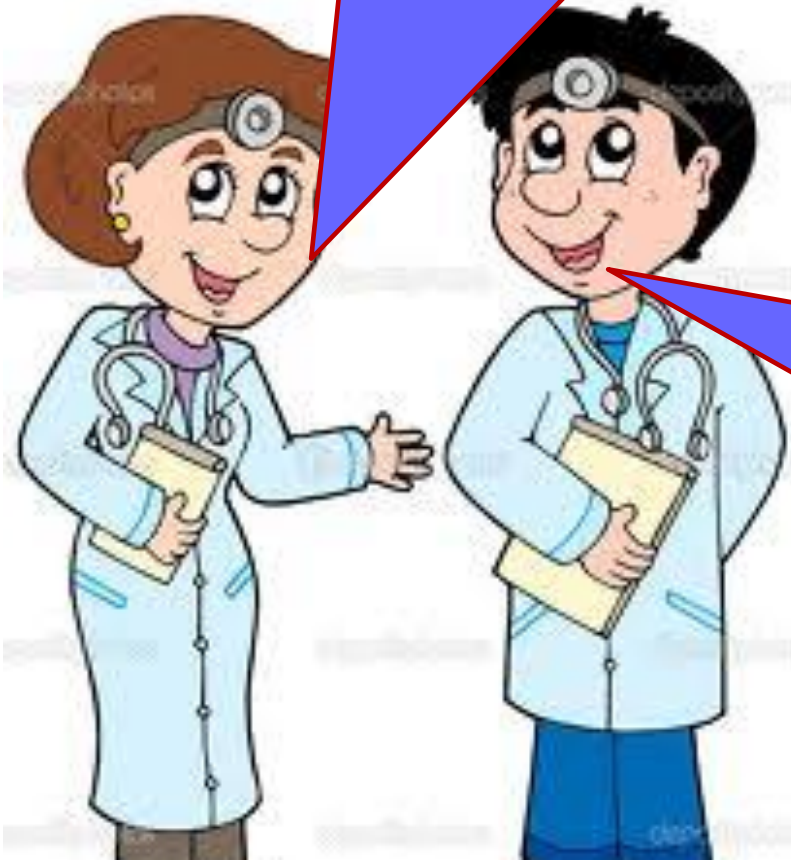
Foyouzi. *Economic analysis of genetic screening of POC. Fertil Steril* 2012.



# Açıklanamayan RPL de antitrombotik tedavi

	N	Ajan da Abort %	Karşılaştırıl an Abort %	Rölatif Risk(RR)	SONUÇ

Açıklanamayan düşüklerde  
antitrombotik tedavinin  
faydası olmadığı gösterildi.  
Ben kullanmıyorum



Sen  
çalışmaları  
iyi  
okumamışsın

Most of the women included in these **two pragmatic trials did have good spontaneous prognoses** and recovery rates (regulatory early events due to the repetition of the sporadic loss risk, mainly favoured by abnormal embryonic karyotypes).

The obtained negative results were expected since the **included women were the worst candidates** for such trials

The **authors** of these two indubitably planned-to-be-negative trials **must be congratulated**: they are going **to contribute to sanitize the widespread use of LMWH** in non-selected women with nonclinically categorised pregnancy losses.

# ALIFE2: Trombofilisi olan gebelerde antikoagulan X takip

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ISRCTN-Register  
van CCT (UK)

### Anticoagulants for living fetuses for women with recurrent miscarriage and inherited blood clotting disorders.

- CANDIDATE NUMBER	12089
- NTR NUMBER	<b>NTR3361</b>
- ISRCTN	ISRCTN wordt niet meer aangevraagd.
- DATE ISRCTN CREATED	
- DATE ISRCTN REQUESTED	
- DATE REGISTERED NTR	19-mrt-2012
- SECONDARY IDS	2012-001447-43 EudraCT
- PUBLIC TITLE	Anticoagulants for living fetuses for women with recurrent miscarriage and inherited blood clotting disorders.
- SCIENTIFIC TITLE	Anticoagulants for living fetuses for women with recurrent miscarriage and inherited thrombophilia.
- ACRONYM	ALIFE2 study
- HYPOTHESIS	Low molecular weight heparin increases live birth in women with recurrent miscarriage and inherited thrombophilia when compared to no treatment.
- HEALT CONDITION(S) OR PROBLEM(S) STUDIED	<b>Recurrent miscarriages, Inherited thrombophilia</b>
- INCLUSION CRITERIA	<ol style="list-style-type: none"><li>1. Women with recurrent miscarriage (<math>\geq 2</math>) irrespective of gestational age;</li><li>2. Confirmed inherited thrombophilia; factor V Leiden mutation, prothrombin gene mutation (G20210A), protein S deficiency, protein C deficiency or antithrombin deficiency or a combination hereof. Protein S, -C and antithrombin deficiencies need to be confirmed by two independent tests, performed on two separate occasions and not during pregnancy or anticoagulant therapy;</li><li>3. Pregnancy confirmed by urine pregnancy test;</li><li>4. Age 18 - 42 years at randomisation;</li><li>5. Willing and able to give informed consent.</li></ol>
- EXCLUSION CRITERIA	<ol style="list-style-type: none"><li>1. Duration of current pregnancy <math>\geq 7</math> weeks;</li><li>2. Indication for anticoagulant treatment during pregnancy (for instance, prosthetic heart valves, a history of thrombosis)</li></ol>

# Açıklanamayan RPL de antitrombotik tedavi

## RCOG 2011

supportive care  
(Grade B)

**NO**

recommendation  
for or against  
treatment

## ACCP 2012

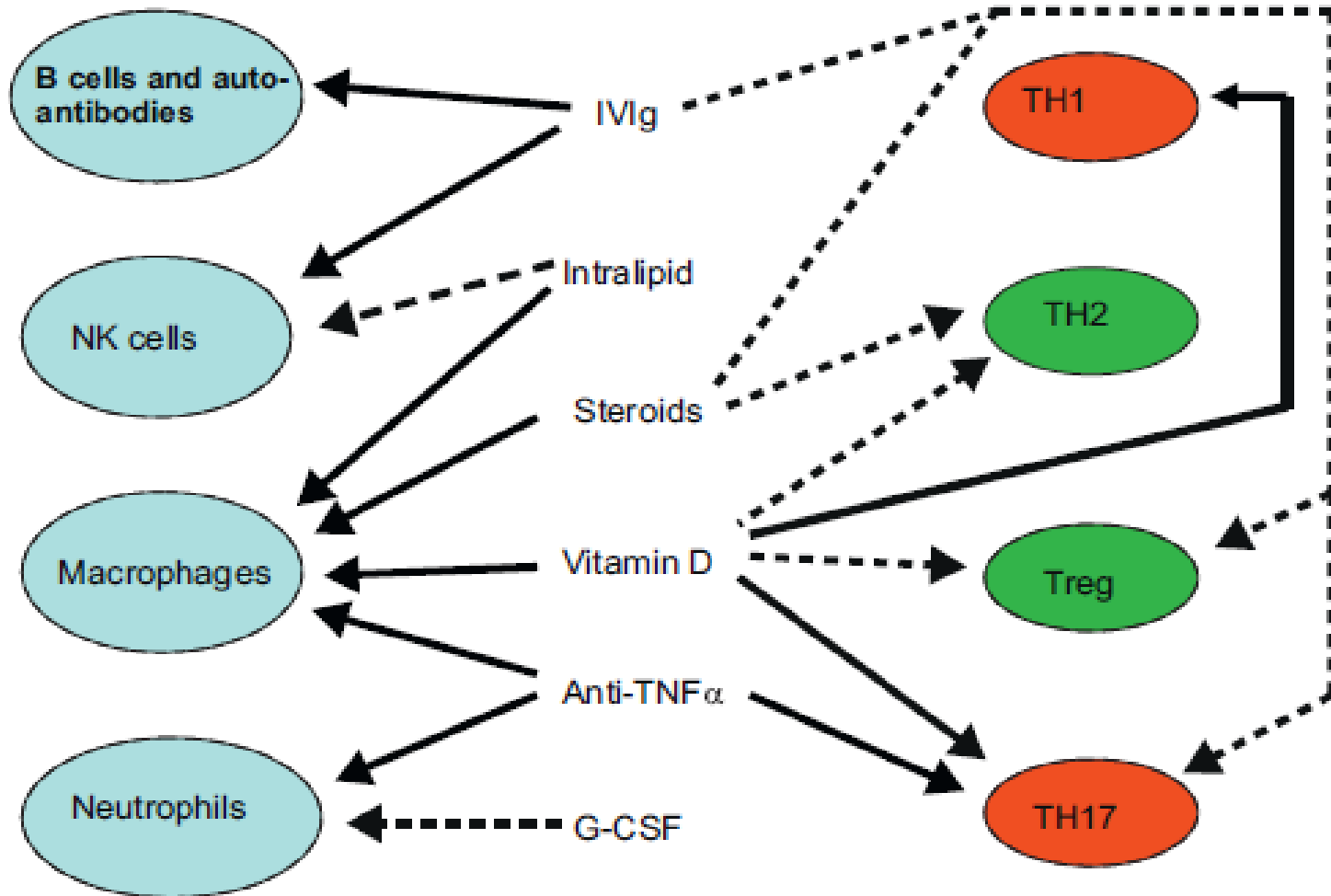
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prophylaxis  
(Grade 1B)

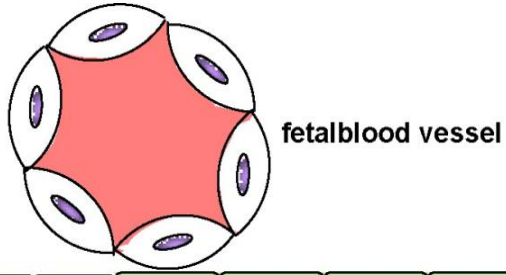
## SIGEP/ ESHRE- 2006

limited to  
recommend  
their  
routine use

# TGK da Immunomodulator Tedaviler

*A.S. Bansal et al. / Journal of Reproductive Immunology 93 (2012) 41–51*

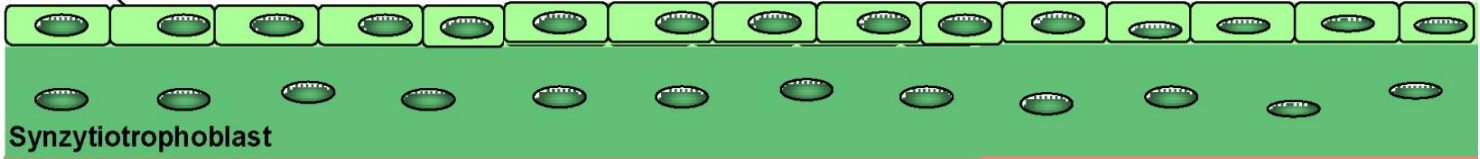




fetal blood vessel

cytotrophoblast

TROPHOBLAST



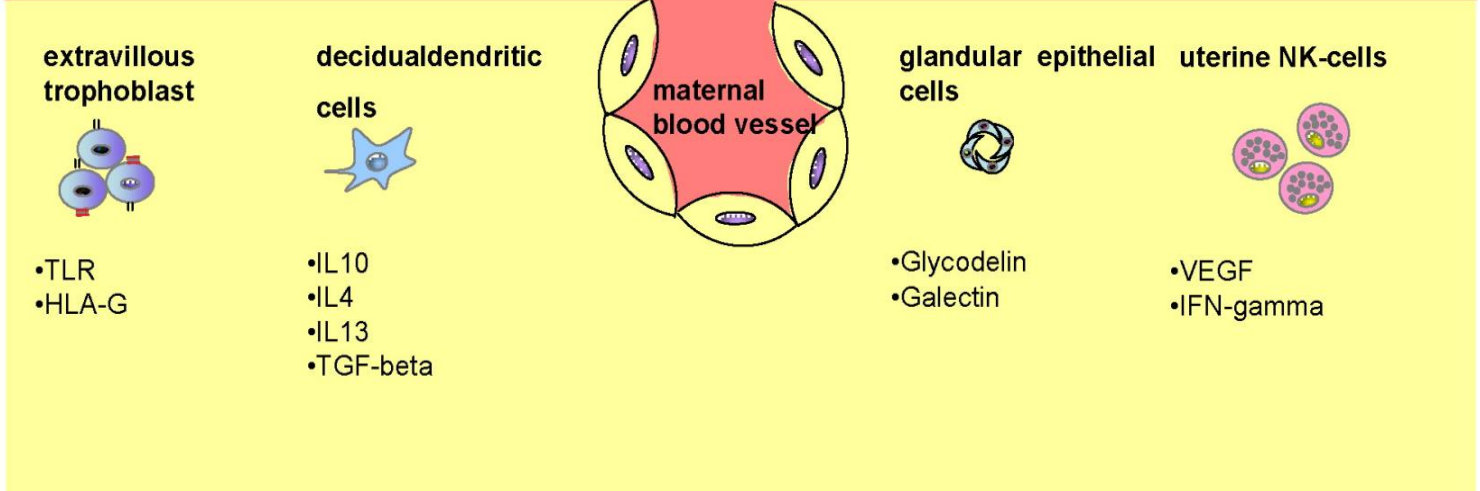
Synzytiotrophoblast

INTERVILLOUS SPACE

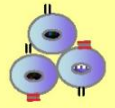


maternal blood

DECIDUA



extravillous trophoblast



- TLR
- HLA-G

decidual dendritic cells



- IL10
- IL4
- IL13
- TGF-beta

maternal blood vessel

glandular epithelial cells



- Glycodelin
- Galectin

uterine NK-cells



- VEGF
- IFN-gamma

## Uterus ve dolaşımdaki NK hücreler

NK hücreler periferik lenfositlerin %5-10  
uterus lenfositlerin % 70

-Yüzey spesifik markerları var(CD 56,19 vb)

-Alt grupları CD56<sup>bright</sup> or CD56<sup>dim</sup> NK

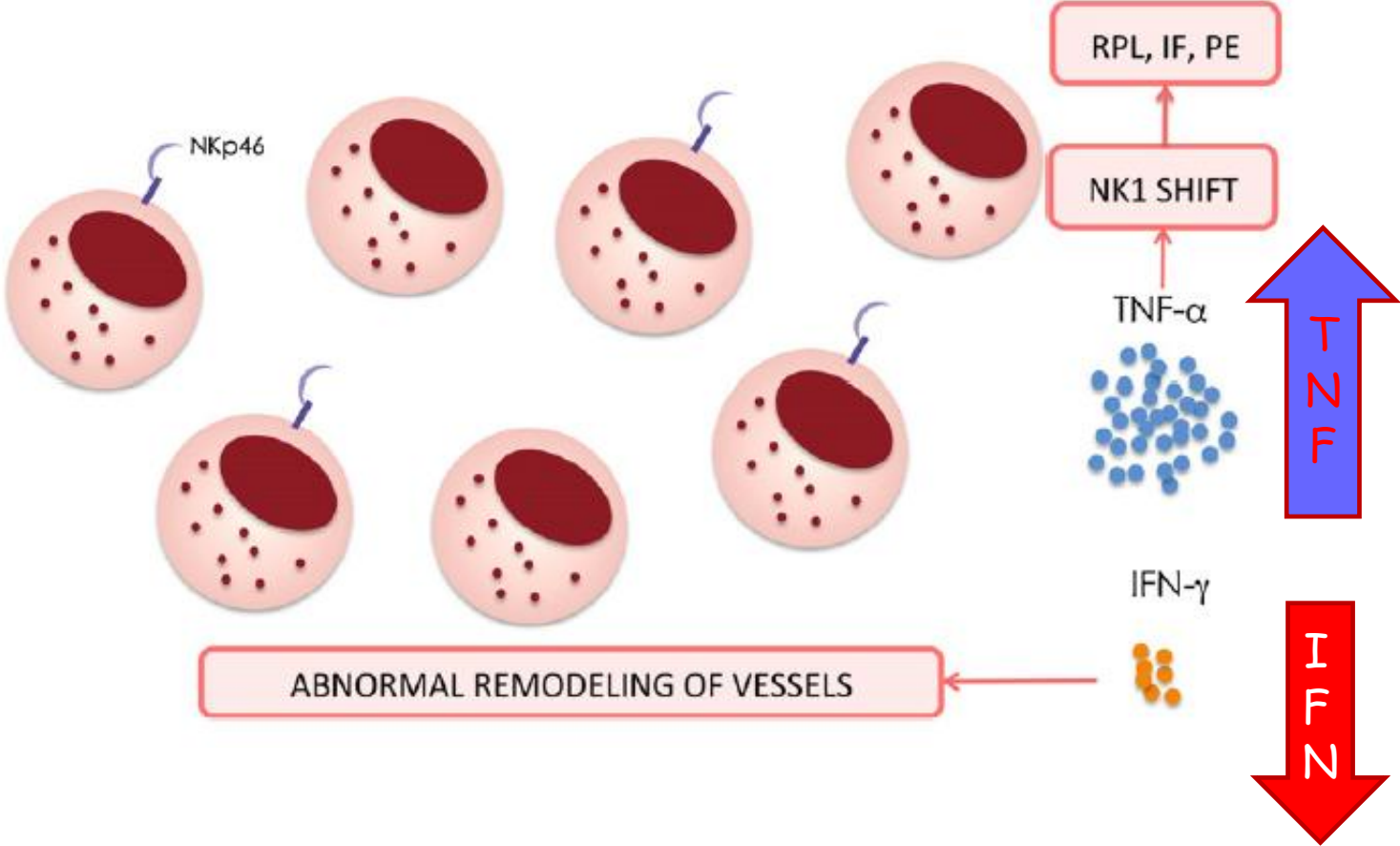
-Uterus NK hücreler CD16<sup>-</sup>/CD56<sup>bright</sup>

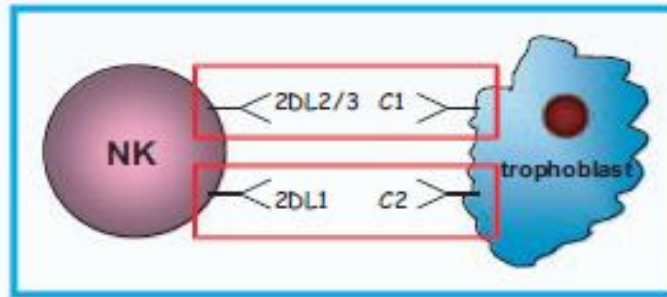
-Periferik NK hücreler CD16<sup>+</sup>/CD56<sup>dim</sup>

Periferik NK hücre ölçümü uterus  
NK larını yansıtır mı???



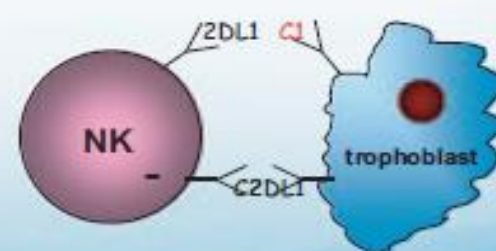
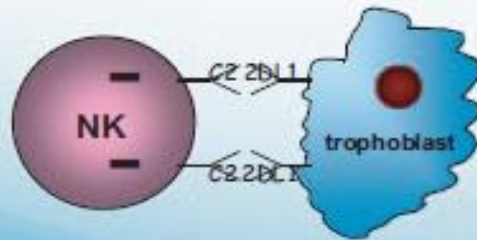
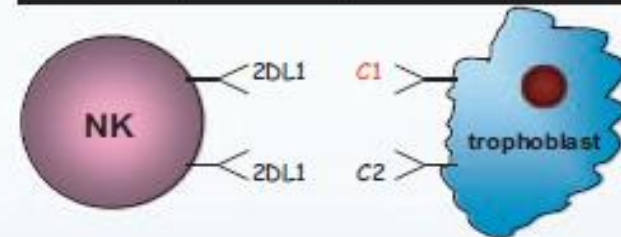
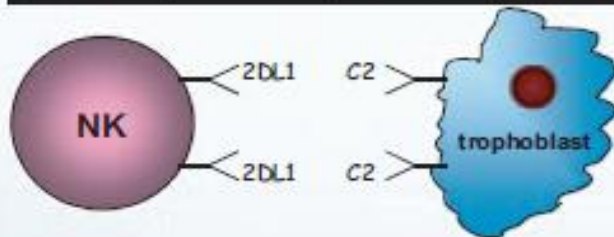
# Natural cytotoxicity receptors and NK cell-producing cytokines in reproductive failure.





	Mother	Father	Fetus
HLA-C	HLA-C2 HLA-C2	HLA-C2 HLA-C2	C2/C2
KIR	KIR2DL1		

	Mother	Father	Fetus
HLA-C	HLA-C2 HLA-C2	HLA-C1 HLA-C2	C1/C2 C2/C2
KIR	KIR2DL1		

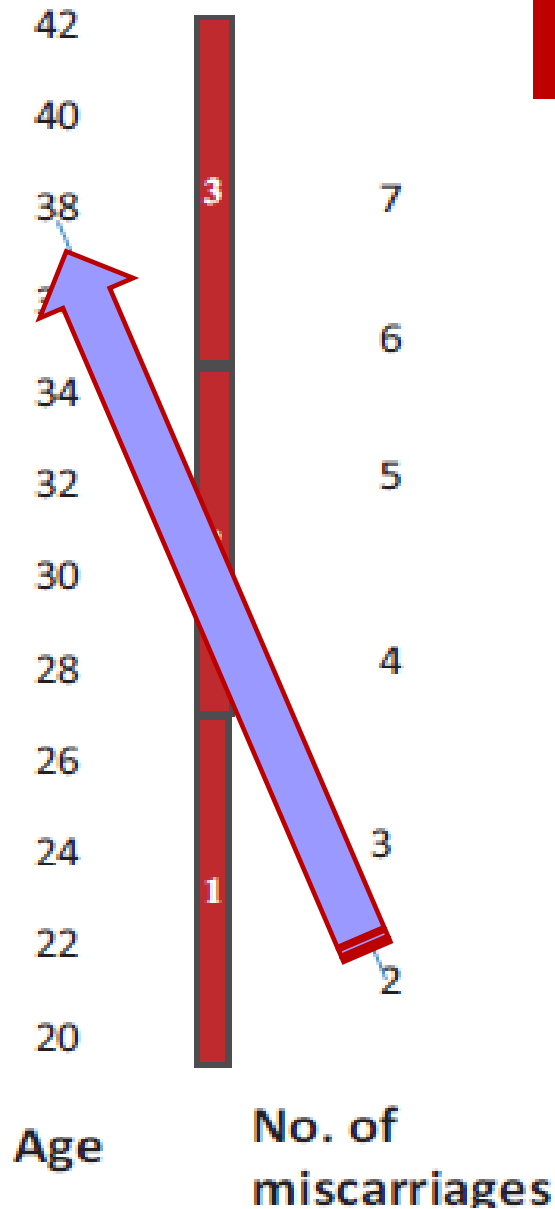


No killing

Potential killing

Killer cell immunoglobulin-like receptors (KIRs)

# Basitten karmaşığa doğru testler



Assay Tests 1	Assay Tests 2	Assay Tests 3
Auto-antibody testing	NK Assays	HLA-c measurements
Anti-phospholipid Antibody testing	Cytokine Assays	KIR/KAR,

# Recurrent Miscarriage and Cervical Human Papillomavirus Infection

Carl

Emi

<sup>1</sup>Acad

<sup>2</sup>Dep

**Table 1** Prevalence of HPV DNA in Study Women

	Group 1 (RM)	Group 2 (Controls)
Women	<i>n</i> = 49 (%)	<i>n</i> = 475 (%)
HPV DNA Test +	13 (26.53)	294 (61.89)
HPV DNA Test -	36 (73.47)	181 (38.11)

$\chi^2 = 22.895; P < 0.001.$

Women with RM have a lower prevalence of HPV+DNA tests than controls. This suggests that immune reactivity potentially leading to RM could be in some way protective against genital HPV infection.

# Immunomodulatorer tedaviler

1. Glikokortikoid

2. IVIG

3. Intralipid

4. Anti-TNF

# Glikokortikoidler

- Proinflamatuvar sitokinleri inhibisyonu ve T hücre ve NK supresyonu
- APAS de heparin ve aspirin ile kombinasyonu heparin ve aspirin ile aynı, ancak prematürite ve gestasyonel diabet fazla çıkmış. Empson et al. (2005)
- 20 mg prednisolon+ 20mg Progesteron + aspirin + folik asit faydalı bulunmuş Tempfer et al. (2006)

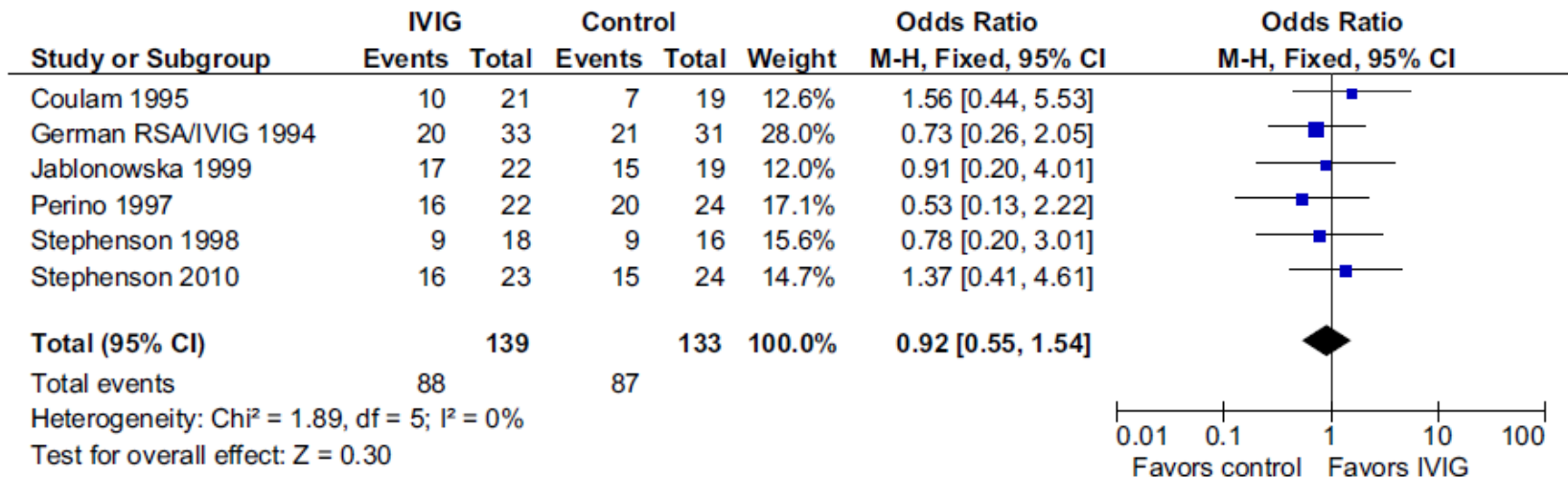
# RECURRENT PREGNANCY LOSS

## A systematic review of intravenous immunoglobulin for treatment of unexplained recurrent miscarriage

Baris Ata, M.D., M.Sc., Seang Lin Tan, M.D., M.B.A., Fady Shehata, M.B., B.Ch., M.Sc., Hananel Holzer, M.D., and William Buckett, M.D.

**FIGURE 1**

Live birth rate with IVIG in women with recurrent miscarriage.



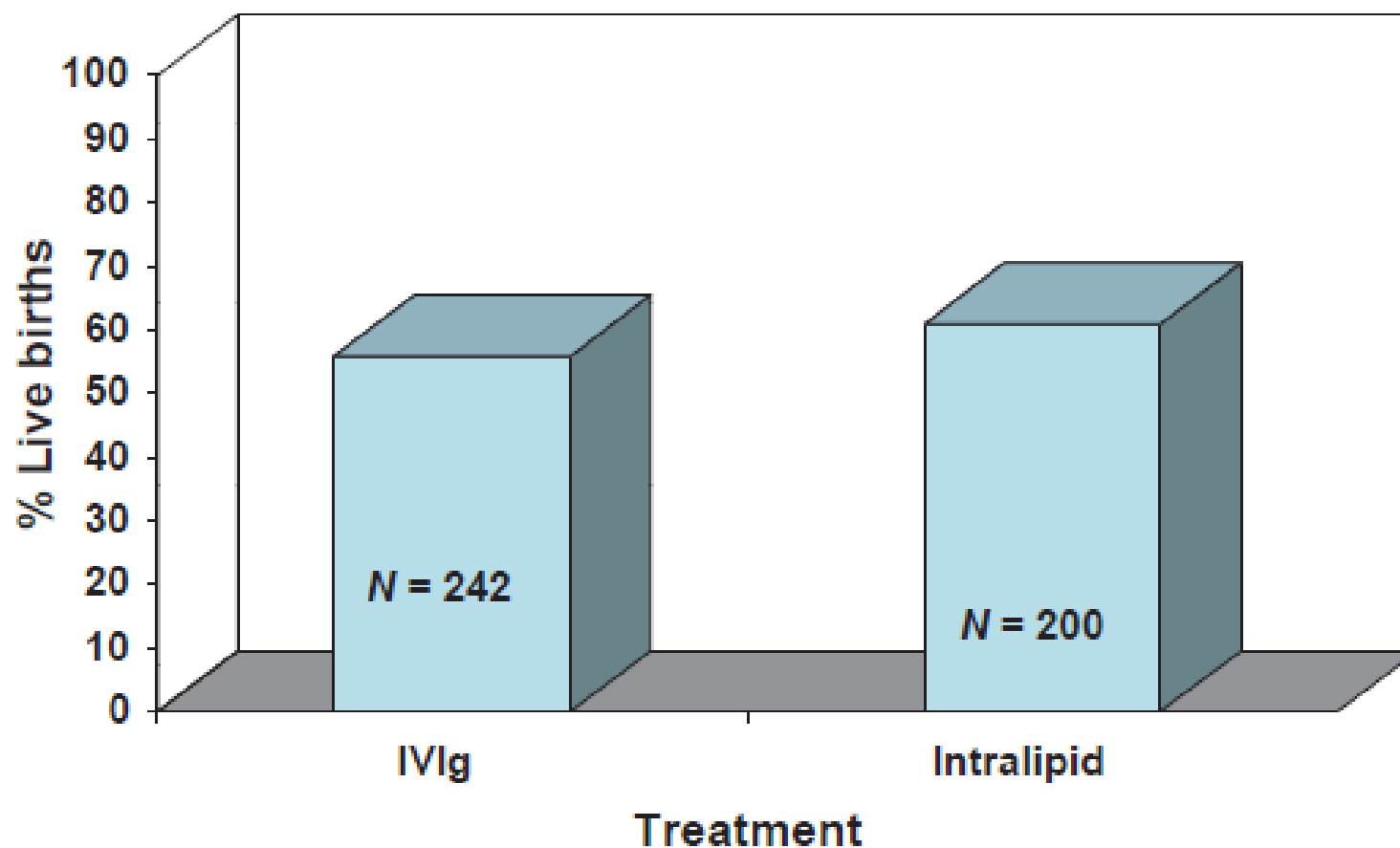


# Does Immunotherapy for Treatment of Reproductive Failure Enhance Live Births?

Carolyn B. Coulam<sup>1</sup>, Brian Acacio<sup>2</sup>

<sup>1</sup>Reproductive Medicine Institute, Evanston, IL, USA;

<sup>2</sup>Acacio Fertility Center, Laguna Niguel, CA, USA





stimulating

**Results:** In the group treated with G-CSF, 29 out of 35 (82.8%) women delivered a healthy baby, whereas in the placebo group, this figure was only 16 out of 33 (48.5%)

women with recurrent miscarriage (RM) treated with granulocyte colony-stimulating factor (G-CSF) ( $n = 29$ ), women with RM treated with a placebo ( $n = 16$ ) and normal pregnant women ( $n = 15$ ). A statistical significant difference was observed ( $P < 0.001$ ) in all weeks between the experimental group versus the placebo and normal pregnant women.



ELSEVIER

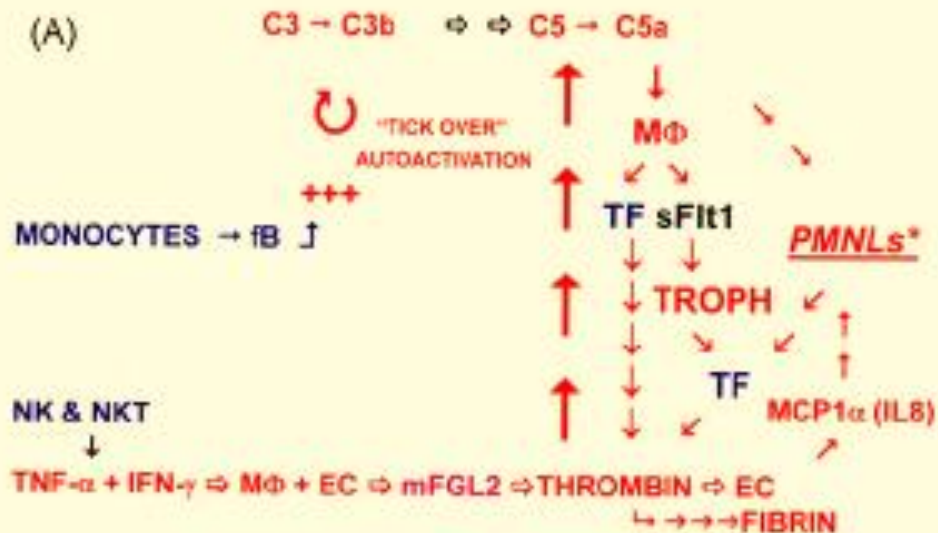
Anti-TNF $\alpha$  th

David A. Clark\*

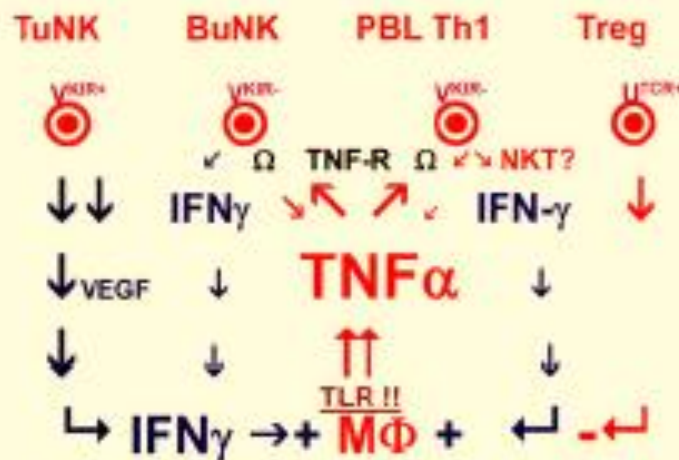
McMaster University Room 31



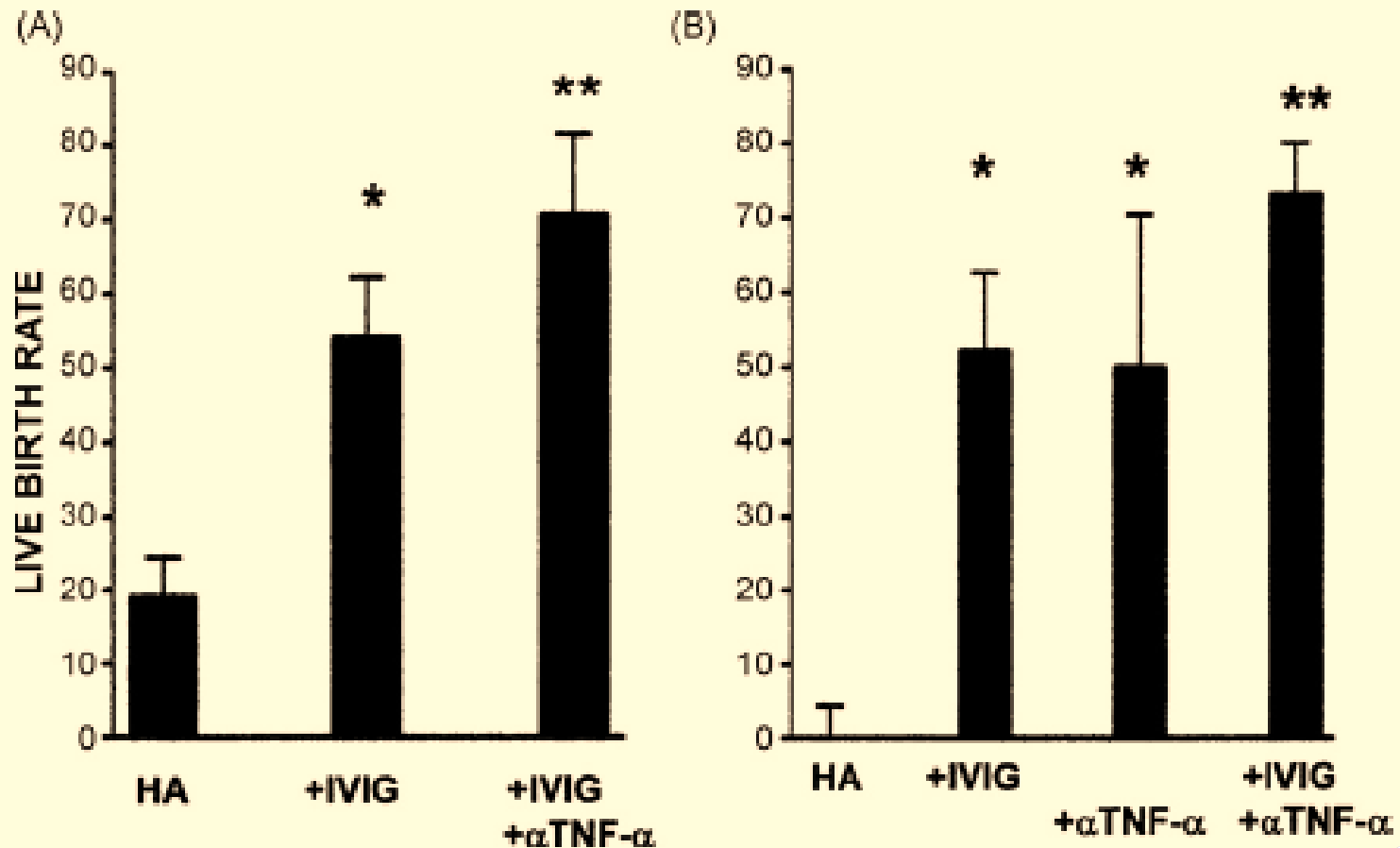
the art $\star$



(B) A RATIONALLE FOR ANTI-TNF- $\alpha$



TNF $\alpha$  + IFN $\gamma$  + TLR  $\rightarrow$  mFGL2  $\rightarrow$  THROMBIN  $\rightarrow$  C5a + FIBRIN



### Summary results from clinical trials of

heparin + aspirin (HA) alone or  
in combination with IVIG and/or anti-TNF drugs

(A) Recurrent spontaneous abortion results (Winger and Reed, 2008).

(B) Infertile IVF failure patients (Winger et al., 2009a).

# Tümör nekrozis faktör alfa (TNF- $\alpha$ ) inhibitörleri



Fiyatı : 2.263,16 TL



etanercept

Fiyatı : 1.001,63 TL.



infliksımab

Fiyatı : 1.033,38 TL



golımumab

Fiyatı : 2.030,57 TL



ELSEVIER

Review

Progesterone

Grant C. Hu

University of Wash

Cell Type		Reported effects	iPRs	mPRs
Granulocytes	Neutrophils	↓ <u>superoxide release</u> ↓ <u>apoptosis</u> ↓ <u>chemotaxis</u>		
	Eosinophils	↑ <u>degranulation</u>		
	Mast cells	↑ uterine infiltration (? direct)	H	
NK Cells		↑ <u>apoptosis</u> (iPRs) ↓ <u>IFN-<math>\gamma</math></u> (iPRs) ↓ cytotoxicity (indirect: via HLA-G, PIBF)	H	
Macrophages		↓ nitric oxide ↓ TNF- $\alpha$ ↓ Fc $\gamma$ R expression (MPA) ↓ <u>microparticle release</u>	H	
Myeloid DCs		↑ ↓ <u>IL-10</u> ↓ <u>TNF-<math>\alpha</math>, IL-6</u>	r	



PROGESTERONE ÖNEMLİ BİR IMMUN MODULATÖRDÜR

B cells	↓ class switch recombination (iPRs) ↓ T-dependent Ab responses (iPRs, ? direct) ↔ altered Ig glycosylation	m
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NELER DENENEbilir ?





# İmmunomodulasyona yardımcı tedaviler

- Antibiyotik(makrolid)
- salbutamol, salmeterol and formoterol, (Th1 aktivitesi azaltıcı and Th2 artırıcı)
- D vitamini (immün regülatör)
- Tiroksin ( eutroid, troit otoimmünitesi)
- Glikokortikoid ??? Aspirin + Folik asit+ didrogesteron



# Supportive care for women with unexplained recurrent miscarriage: patients' perspectives

Perspectives on supportive care for unexplained RM

875

**Table 1** Preferred supportive care options for women with unexplained RM during next pregnancy ( $n = 15$ ).

Domain 1: Medical supportive care	Domain 2: Non-medical supportive care	Domain 3: Other types of supportive care
Make a plan for the first 12 weeks with their gynaecologist	From gynaecologist	Women prefer an increase in partner involvement
Receive advice from their gynaecologist concerning life style, diet and internet sites	Enquire how the patient is doing and what her emotional needs are	The need for supportive care directly after a miscarriage
Preference of one or max two well informed gynaecologists	Take the women seriously	Feel unhappy in the waiting room with visibly pregnant women
Receive frequent ultrasounds in early pregnancy and during symptoms	Give the women the feeling they are listened to and understood	
BHCG blood monitoring before first ultrasound	Counselling from social worker	
Receive medication only if it is safe for the child	Experiencing supportive care from family, friends and peer groups	
	Relaxation tools to unwind	
	Bereavement therapy for patients and explanation of bereavement levels for gynaecologists	



**Table II** Miscarriage rates in women with untreated, unexplained RM (receiving supportive care alone) versus women in the general population.

Study	Cases	Miscarriage rate (%)
Unexplained RM population <sup>a</sup>		
Stray-Pedersen and Stray-Pedersen (1984)	37	14
Liddell <i>et al.</i> (1991)	44	14
Vlaanderen and Treffers (1987)	20	20
Sheffield data (2011)	361	25
Brigham <i>et al.</i> (1999)	222	25
Clifford <i>et al.</i> (1997)	160	26
Total	844	14–26
General population		
Nybo Andersen <i>et al.</i> (2000)	5 13 832	12–25 <sup>b</sup>

RM, recurrent miscarriage.

<sup>a</sup>Data from cohort studies where no treatment was given.

<sup>b</sup>Sporadic miscarriage rate for women aged 25–39 years.

<b>İNCELEME</b>	<b>RCOG PROTOKOL</b>	<b>ACOG PROTOKOL</b>	<b>ESHRE PROTOKOL</b>	<b>ASRM PROTOKOL</b>	<b>HOLLAND PROTOKOL</b>
PARENTAL KARYOTİP	ÖNERİLİR	ÖNERİLİR	ÖNERİLİR	ÖNERİLİR	ÖNERİLİR
FETAL KARYOTİP	ÖNERİLİR	YETERSİZ VERİ	YETERSİZ VERİ	YETERSİZ VERİ	ÖNERİLİR
APS ANTİKOR	ÖNERİLİR	ÖNERİLİR	ÖNERİLİR	ÖNERİLİR	ÖNERİLİR
UTERUS KAVİTESİ İNCELEME	ÖNERİLİR	ÖNERİLİR	ÖNERİLİR	ÖNERİLİR	ÖNERİLİR
TROİT ANTİKOR	ÖNERİLMEZ	ÖNERİLMEZ	ÖNERİLİR	ÖNERİLMEZ	
NK, HLA, CD56, T- HÜCRE	ÖNERİLMEZ	ÖNERİLMEZ	ÖNERİLMEZ	ÖNERİLMEZ	ÖNERİLMEZ

# ÖZET



EŞLERİN KARYOTİPİ  
HSG, SONO-HSG  
APS ANTİKORLARI  
TSH, HBA1c

TROMBOFİLİ TESTLERİ,  
ANA, ANTI-TG, NK, CD-  
16, HOMOSİSTEİN,  
FETAL KARYOTİP İLE  
**KAFANI**  
**KARIŞTIRMA**

GEBELİK ŞANSLARI OLDUĐU VE  
GEBELİĐİ DENEMELERİ ÖNERİLİR

DESTEK TEDAVİSİ(TLC) ÖNERİLİR

BEKLEYEMEYECEK VE PARASI  
OLANLARA İMMUNOMODULATUAR  
TEDAVİLER DENENEİLİR.

**TEKRARLAYAN**  
**GEBELİK**  
**KAYIPLARI**

Prof. Dr. Sedat Katanalı



*nobel*  
YAYINLARI



# Teşekkürler