COLPOSCOPY Equipment and procedure

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PERFORMANCE OF **COLPOSCOPY** 86 articles meta-analysis Actual sensitivity 87 % - 99 % 23 % - 87 % Specificity

~ HPV testing

Mitchell MF et al Obstet Gynecol 1998 ;91:626

Indications for colposcopy

Evaluation of the woman with abnormal Pap test presence of LSIL (TBS=The Bethesda System) / mild diskaryosis/borderline nuclear changes (BSCC=British Society for Clinical Cytology) presence of HSIL / moderate to severe dyskaryosis presence of glandular abnormality any suggestive of invasive cancer High risk HPV

With naked eye examination unhealthy Cx-vagina suspicious Ca Presence of keratinized cells

Persistent unsatisfactory smears

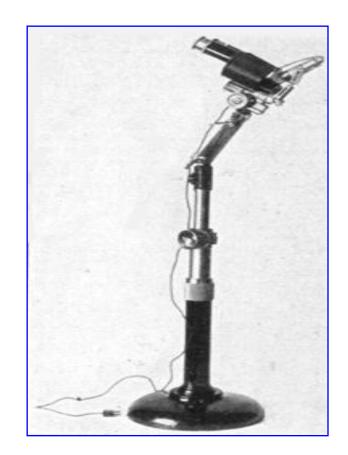
Persistence of inflammatory cells despite adequate treatment

- Contact bleeding, intermenstrual and irregular bloodstained vaginal discharge, hypertrophied T/Z
- Monitoring of women treated for CIN
- **Evaluation of women with VIN or VaIN**

Hans Hinselmann 1925

in old Greek Kolpos: hollow,womb,vagina Skopos: look at







New colposcopes



Colposcope

- Magnification
 - **Range 2-40 x** (2 15 x)
- Working distance (focal length)
 Distance between colposcope and patient
 between 200 400 mm
- Light bulb: Halogen, LED (strong, white light)
- Green-filter
- Accessories
 - -Camera, video,...

Colposcope and Colposcopy room





Equipment and Procedure

- Preparation
- Colposcope
- Specula
- Solutions
- Biopsy
- Hemostasis
- Documentation

Colposcop



procedure

Inform patient about procedure

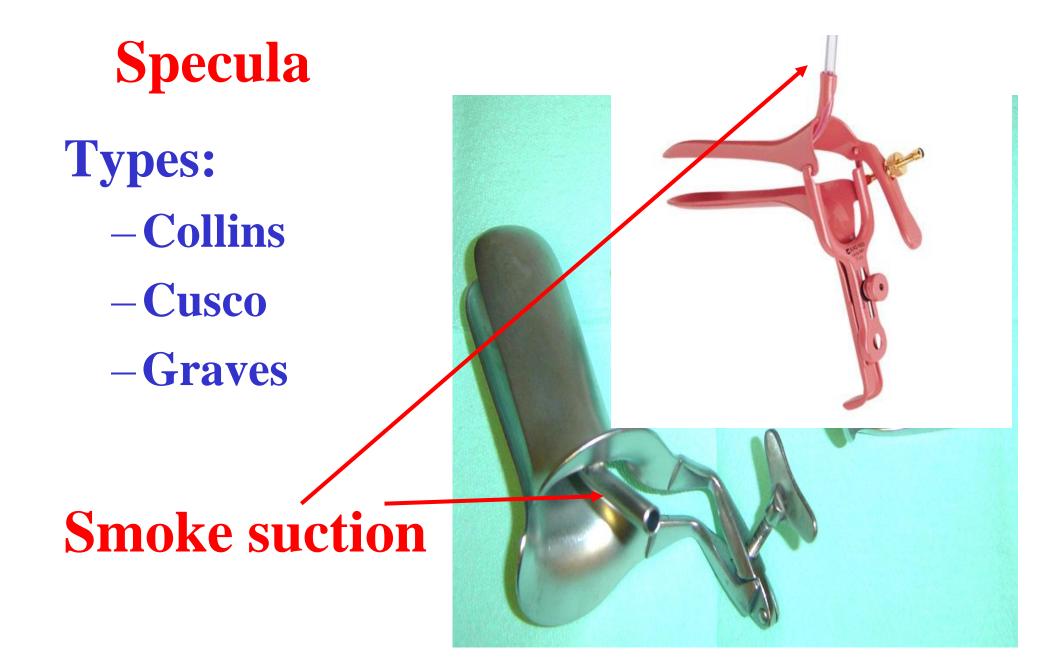
Moment of cycle: Proliferative phase Treat infections Treat atrophy

Equipment



Colposcopy tray

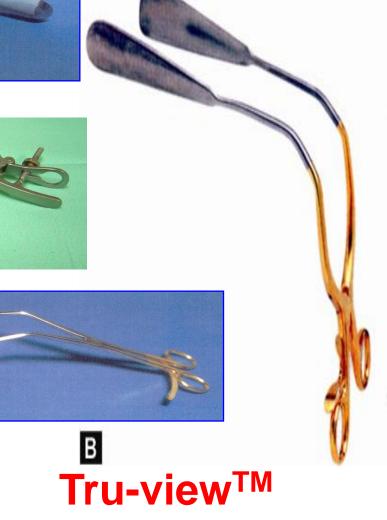
Vaginal specula in various sizes 3%-5% acetic acid Lugol's iodine solution **Cotton-tipped** applicators Large cotton swaps and cotton balls **Endocervical specula Biopsy forceps Endocervical curette Ring forceps Biopsy specimen containers Hemostatic agents**



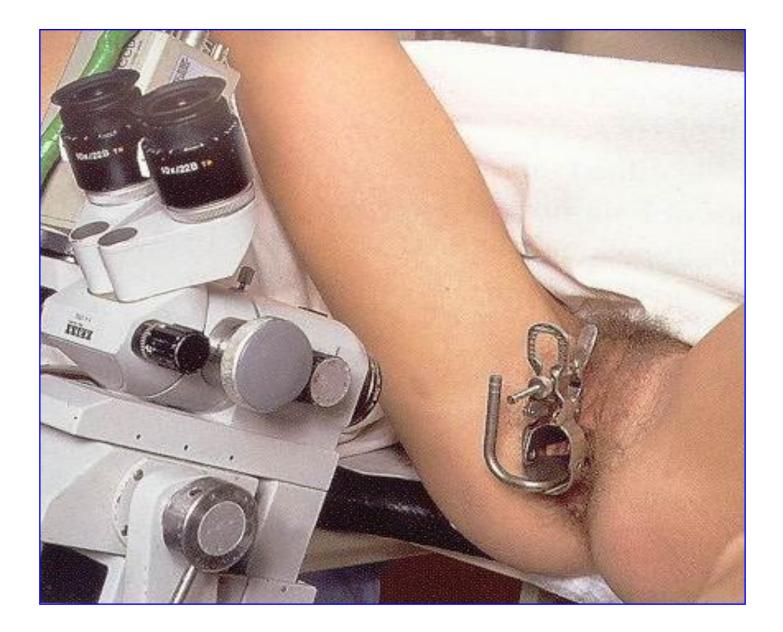
Smoke suction Coated

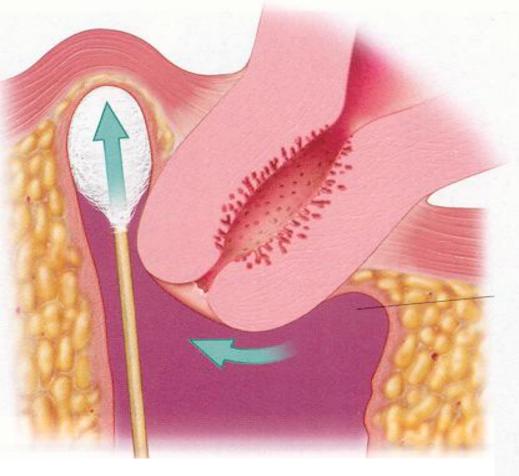
Lateral vaginal wall retractors





The right position on a gynecologic cauch The buttocks should be exactly on the edge of the table and the arms on the belly or alongside the body. Ask the woman if she's relaxed and feeling allright





The cervix can be drawn laterally should be moved toward with a cotton swab

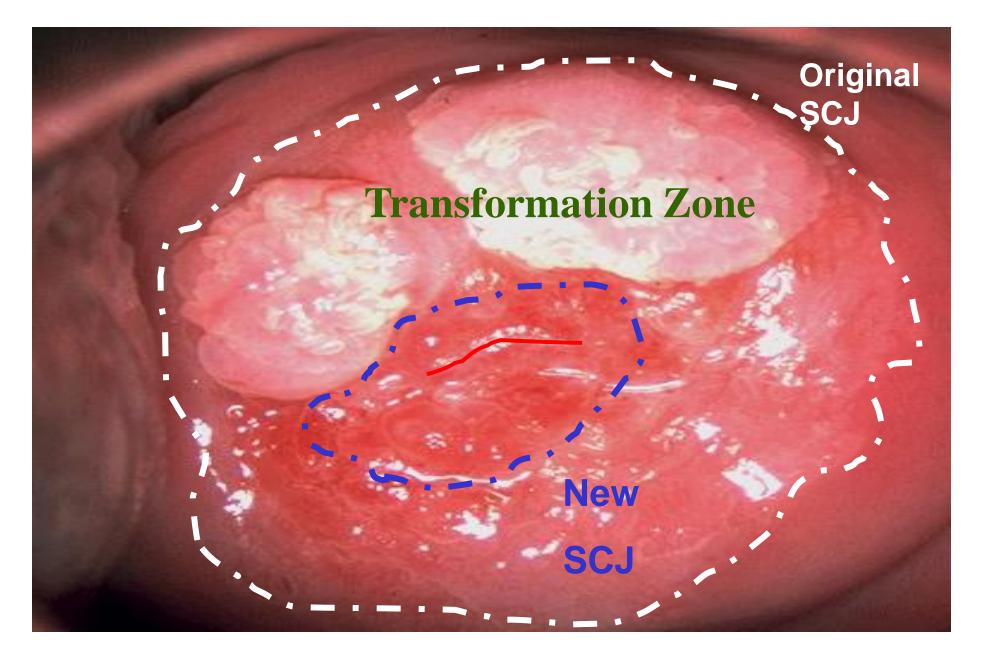
Notice not to touch the cervix

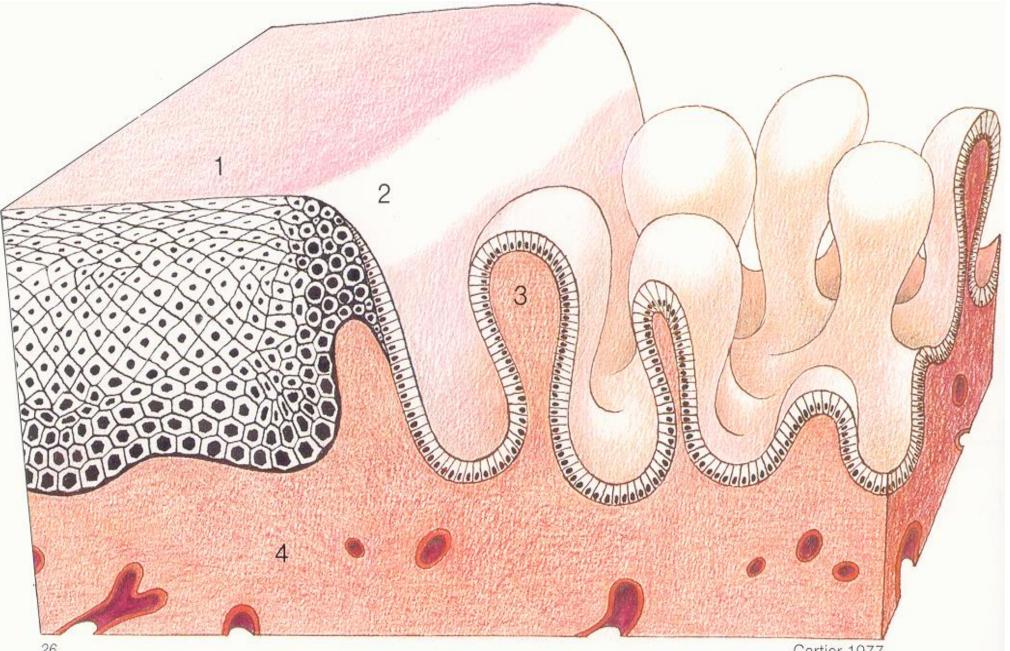
cervix

vagina

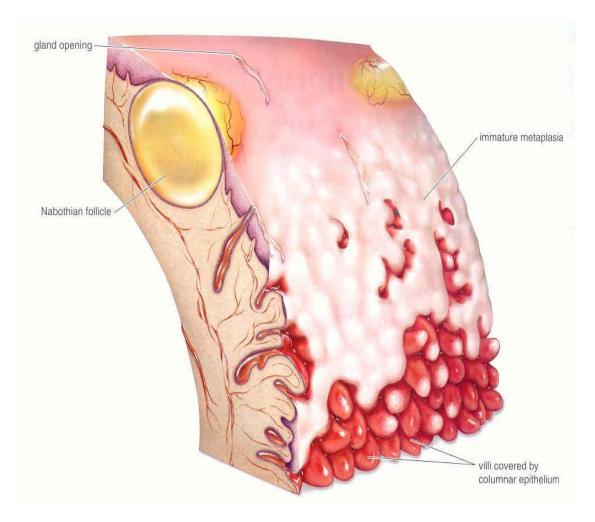
ge cotton – swab

Transformation zone





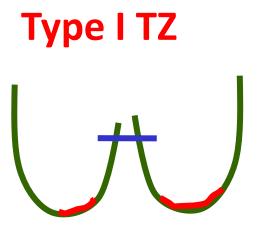
Gland openings





Types of Transformation Zone

- Type 1 TZ completely ectocervical and fully visible and may be small or large
- Type 2 TZ has an endocervical component, is fully visible, and may have an ectocervical component that may be small or large
- Type 3 TZ has an endocervical component that is not fully visible and may have an ectocervical component that may be small or large



completely ectocervical and fully visible and may be small or large **Type II TZ**

J

has an endocervical component, is fully visible, and may have an ectocervical component that may be small or large

has an endocervical component that is not fully visible and may have an ectocervical component that may be small or large

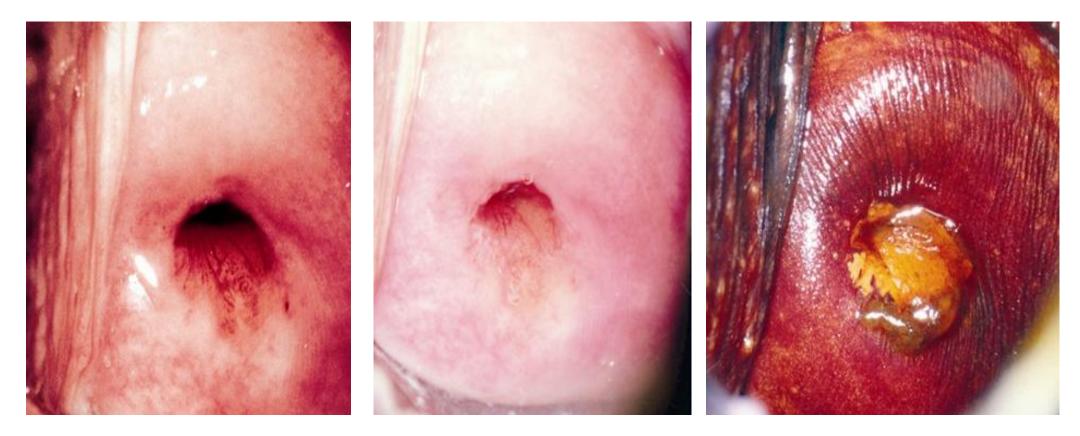
Type III TZ

Cx in a nulliparous woman on day 12 of the menstrual cycle showing a widely open os through which the cervical canal is easily seen

Type 2 TZ

Acetowhitening of columnar epithelium papillae

Effect of iodine staining of the epithelia



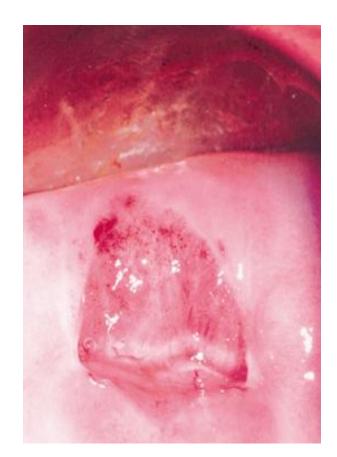
Cx with eversion of columnar epithelium due to Cusco's speculum showing fine punctations within columnar epithelium

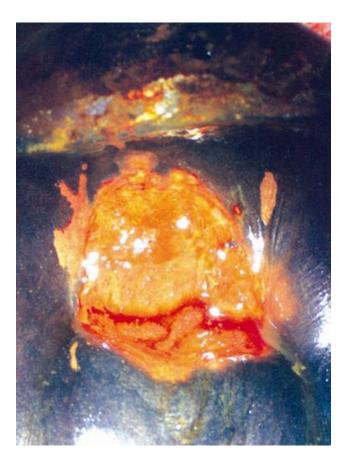
After acetic acid Fine punctations within metaplastic epithelium

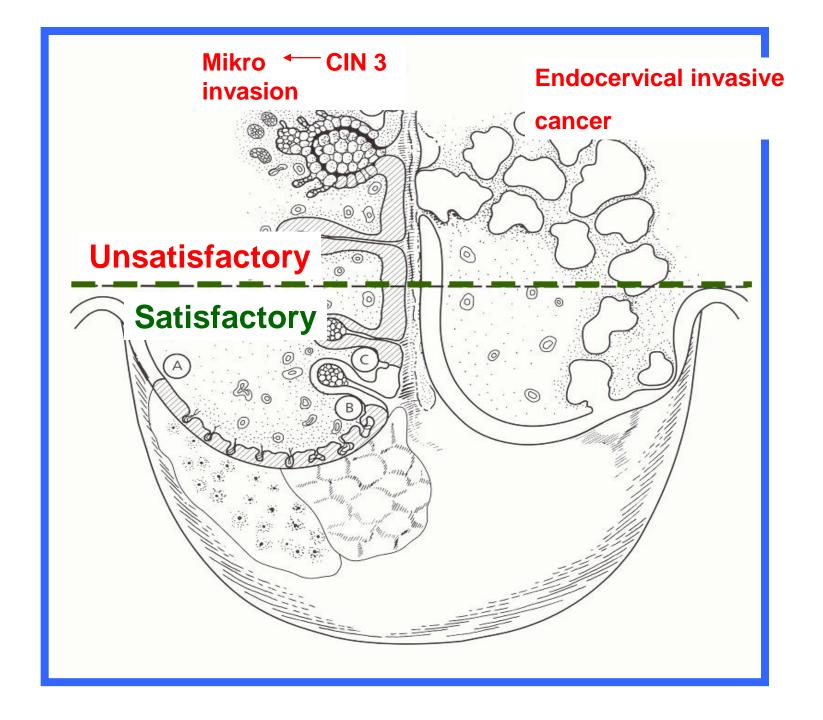
Type 3 T/Z

After iodine staining







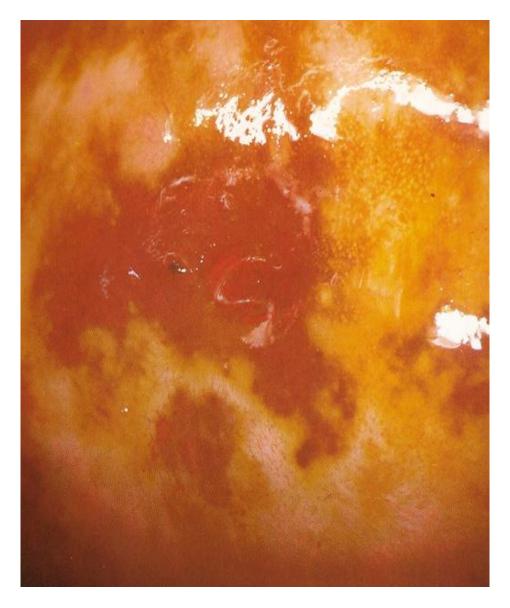


Unsatisfactory colposcopy

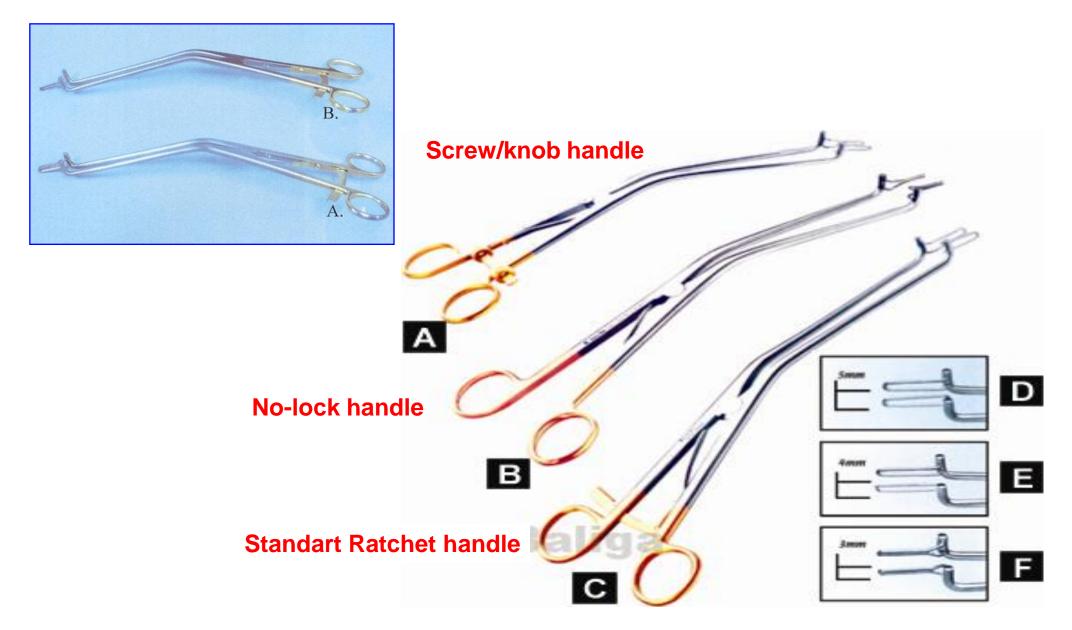


Menopause

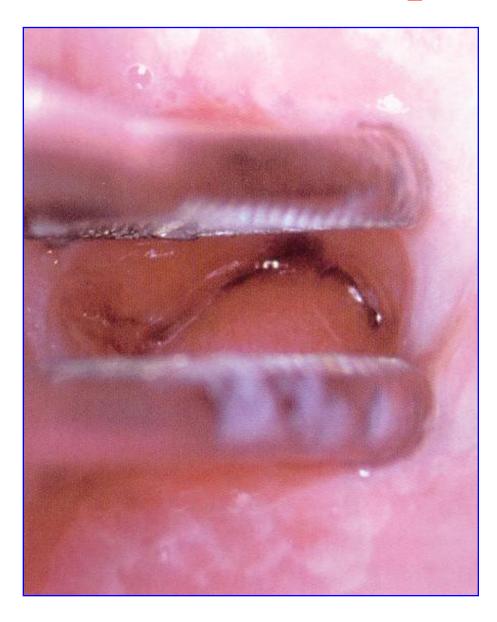


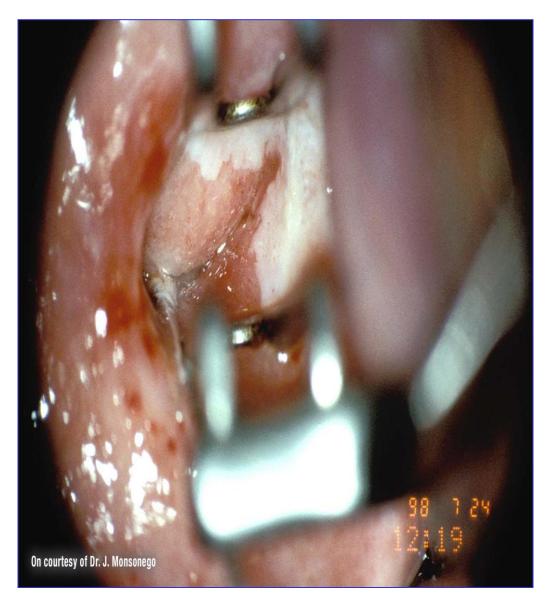


Endocervical speculum



Endocervical speculum

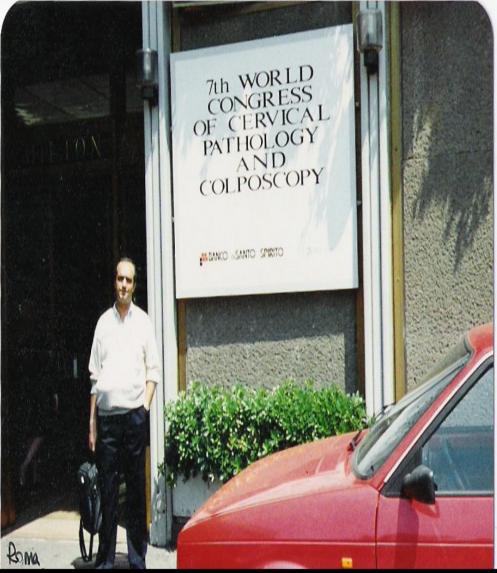




IFCPC International colposcopic terminology ROME 1990

Normal colposcopic findings **Original squamous epithelium Columnar epithelium** Normal transformation zone **Abnormal colposcopic findings Acetowhite epithelium** Flat **Micropapillary / microconvoluted Punctation** Mosaic Leukoplakia **lodine negative Atypical vessels Colposcopically suspect invasive carcinoma** Unsatisfactory colposcopy SCJ not visible, inflamation, atropy **Miscellaneous**

Nonacetowhite micropapillary surface, exophytic condyloma, ulcer



International Federation for Cervical Pathology and Colposcopy (IFCPC) colposcopic classification 2002

I. Normal colposcopic findings **Original squamous epithelium Columnar epithelium** Normal transformation zone II. Abnormal colposcopic findings Flat acetowhite epithelium **Dense acetowhite epithelium** * **Fine punctation Course punctation*** *Major changes **Fine mosaic Course mosaic* lodine partial positivy lodine negativity* Atypical vessels* III.** Colposcopic features suggestive invasive carcinoma IV. Unsatisfactory colposcopy SCJ or cervix not visible, severe inflamation, severe atropy, trauma V. Miscellaneous findings: Condylomata, Keratosis, Erosion, Inflammation, Atrophy, Deciduosis, Polyps.



The new IFCPC Nomenclature



International Federation for Cervical Pathology and Colposcopy Internationale Federation für Zervixpathologie und Kolposkopie Federación Internacional de Patología Cervical y Colposcopia Fédération Internationale de Pathologic Cervicale et Colposcopie

2011 IFCPC Nomenclature¹ Accepted in Rio World Congress, July 5, 2011 Nomenclature Committee chairman: Jacob Bornstein MD



International Federation for Cervical Pathology and Colposcopy Internationale Federation für Zervixpathologie und Kolposkopie Federación Internacional de Patología Cervical y Colposcopia Fédération Internationale de Pathologic Cervicale et Colposcopie

2011 IFCPC Nomenclature¹

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2011 IFCPC colposcopic terminology of the cervix ¹			
General assessment	 Adequate/inadequate for the reason (i.e.: cervix obscured by inflammation, bleeding, scar) Squamo-columnar Junction visibility: completely visible, partially visible, not visible Transformation zone types 1,2,3 		
Normal colposcopic findings	 Transformation zone types 1,2,3 Original squamous epithelium: Mature Atrophic Columnar epithelium Ectopy Metaplastic squamous epithelium Nabothian cysts Crypt (gland) openings Deciduosis in pregnancy 		

Abnormal	General	Location of the lesion: Inside or outside the T-zone,		
colposcopic	principles	Location of the lesion by clock position		
findings		Size of the lesion: Number of cervical quadrants the lesion covers,		
		Size of the lesion in percentage of cervix,		
	Grade 1	Thin aceto-white epithelium	Fine mosaic,	
	(Minor)	Irregular, geographic border	Fine punctation	
	Grade 2	Dense aceto-white epithelium,	Coarse mosaic,	
	(Major)	Rapid appearance of	Coarse punctuation,	
		acetowhitening,	Sharp border,	
		Cuffed crypt (gland) openings	Inner border sign,	
			Ridge sign	
	Non	Leukoplakia (keratosis, hyperkeratosis), Erosion		
	specific	Lugol's staining (Schiller's test): stained/non-stained		
Suspicious for invasion		Atypical vessels		
		Additional signs: Fragile vessels, Irregular surface, Exophytic		
		lesion, Necrosis, Ulceration (necrotic), tumor/gross neoplasm		
Miscellaneous finding		Congenital transformation zone,	Stenosis,	
		Condyloma,	Congenital anomaly,	
		Polyp (Ectocervical/	Post treatment consequence,	
		endocervical)	Endometriosis	
		Inflammation,		

¹ Bornstein J, Bentley J, Bosze P, Girardi F, Haefner H, Menton M, Perrotta M, Prendiville W, Russell P, Sideri M, Strander B, Torne A, Walker P. 2011 IFCPC colposcopic nomenclature. In preparation for publication

Solutions

- Saline
- Acetic acid: 3-5 %
 - Glacial acetic acid 3-5 ml + distilled water 97-95 ml



- Lugol
 - Potassium iodide 10 g + distilled water 100 ml
 - Add slowly 5 g of iodine crystals when shaking
 - Store in brown bottle



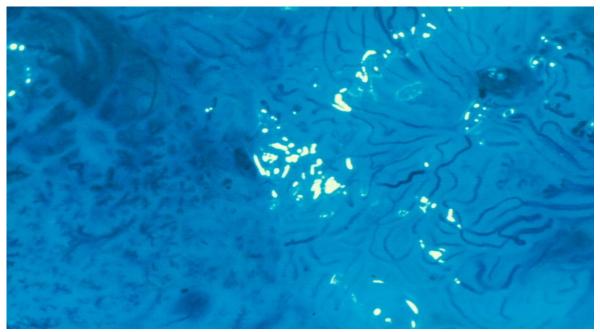
E9102401 AC-WHOLE

13 1 W. 13 P. 11

E9102401 AC-UPPER

Saline

- Used to clean the cervix
 - -Good view on vascular pattern
 - Green filter before using Acetic Acid: swelling of epithelium



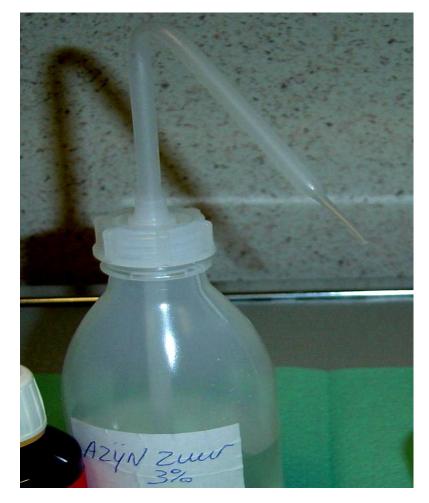
Acetic acid (1)

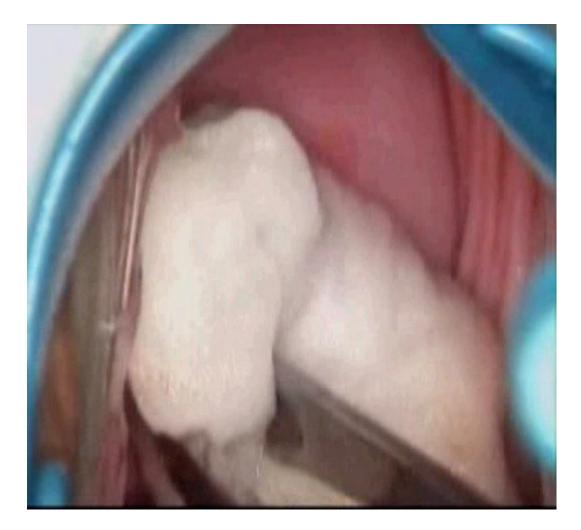
Use after first inspection

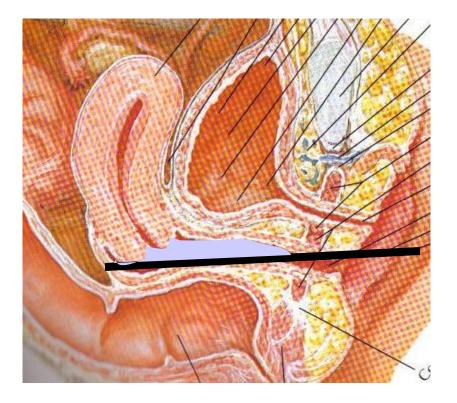
- 3 %: ideal for cervix and vagina
- 5 %: more appropriate for vulva
- Apply acetic acid and leave it for 30-60 seconds
 Repeat if necessary

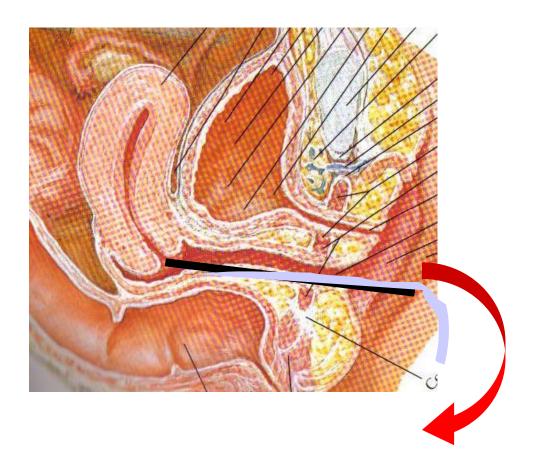
« Keep it wet »



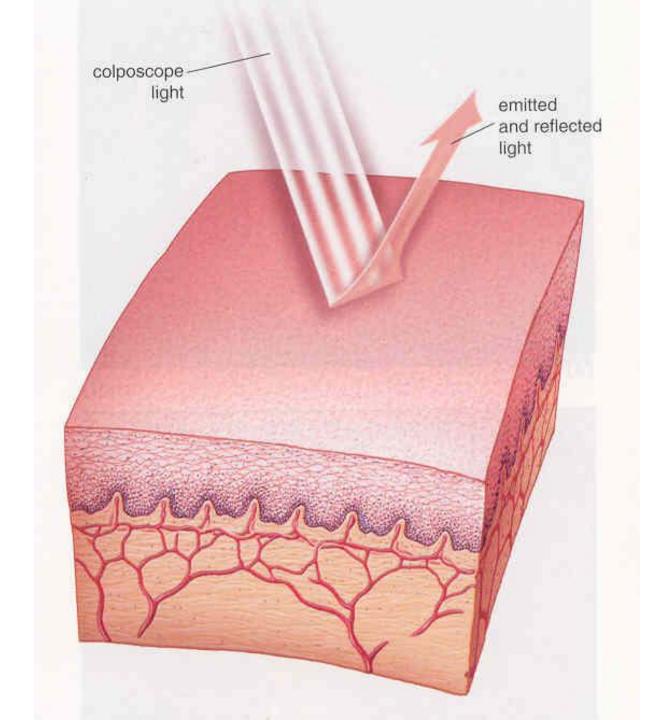








Let the acetic acid 'flow away' (tilt speculum)

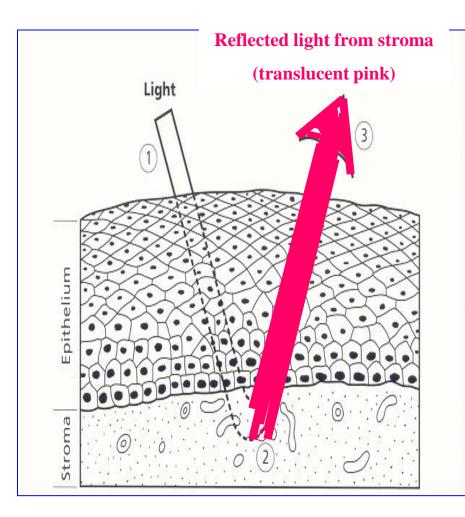


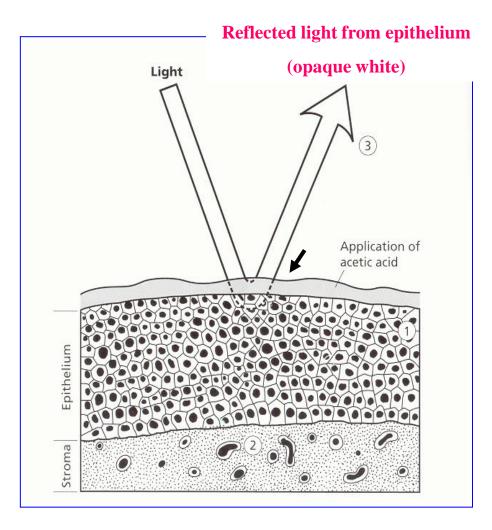
Aceto white changes



reversible coagulation or precipitation of the nuclear proteins and cytokeratins

Normal and Atypical epithelium



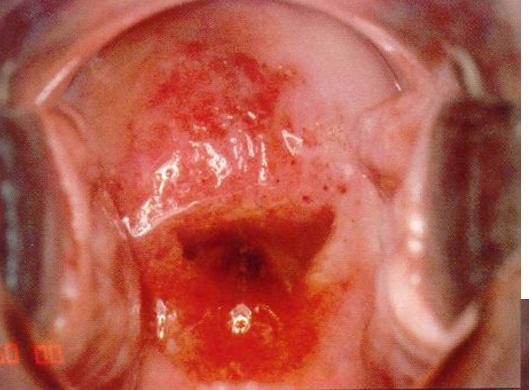


- Increased nuclear proteins:
 - -immature squamous metaplasia
 - -congenital transformation zone
 - -in healing and regenerating epithelium (associated with inflammation)
 - -Condyloma HPV infection
 - -CIN
 - -Adenocarcinoma in situ
 - -Adenocarcinoma
 - -Invasive squamous carcinoma

ore 3% acetic acid application

Columnar epithelium

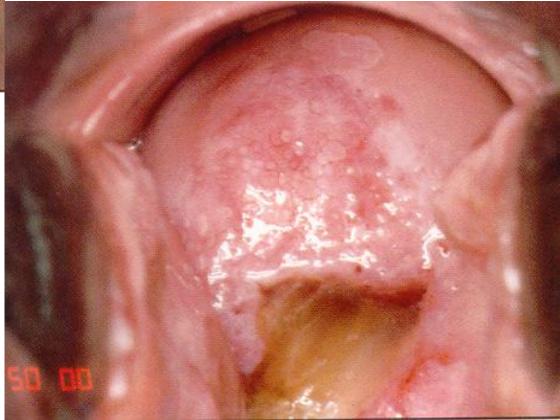
After 3% acetic acid application





CIN 3

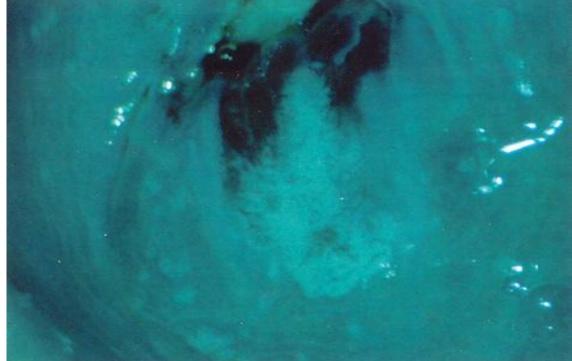






Green Filter

A cervical lesion of the posterior cervical lip after 3% acetic acid application and with the green filter



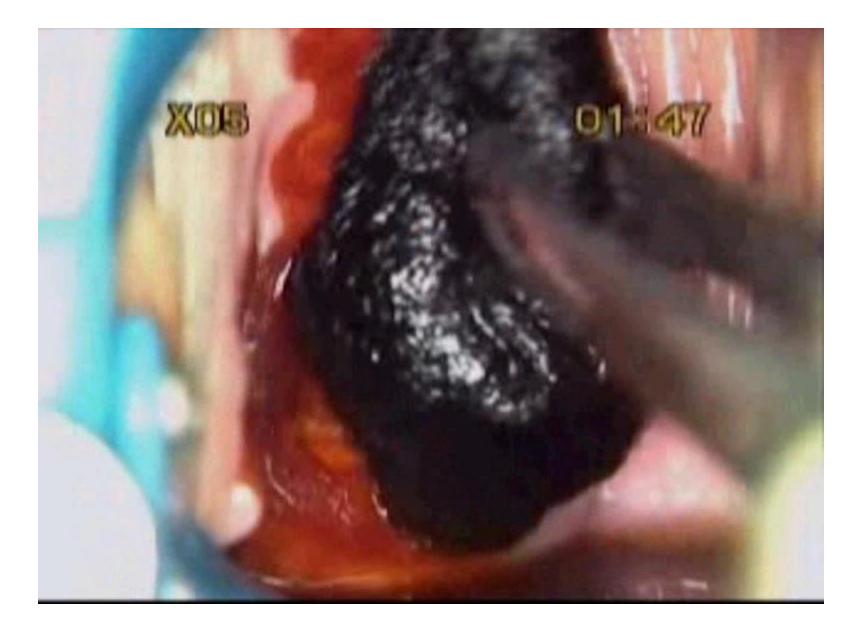
Lugol

Schiller's iodine test

• Iodine is glycophilic

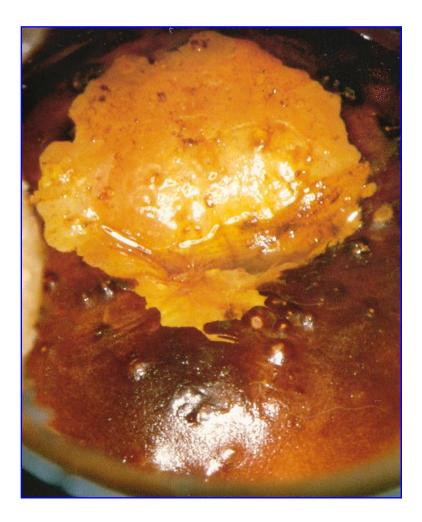


- original and newly formed mature squamous metaplastic epithelium is glycogenated
- CIN and invasive cancer contain little or no glycogen
- Immature squamous metaplastic epithelium contains also little or no glycogen









Lugol (2)

- False positivity is high
- Time consuming process
- Use at the end of the colposcopy, before biopsy
 - May help in delineating the anatomical extent of abnormal areas much more clearly
 - (before conization or LEEP)





Smear:L SILColposcopy:CIN II

Schiller positive

SPESIFIC COLPOSCOPIC FEATURES

Degree of acetowhiteness

Margins

Surface contour

Vascular pattern

CIN 1 CIN 3 Slight shiny; semitransparent Very dense white; oyster white







After 1 minutes of acetic acid application

CIN 3

After 3 minutes

After 5 minutes



Sharpness

Shape

Thickness of the border

Presence of internal margins

LOW-GRADE/MINOR LESIONS

Irregular **Feathered** Angular Geographic Indistinct

Satellite lesions Exophytic micropapilliferous condyloma-like lesions

L SIL





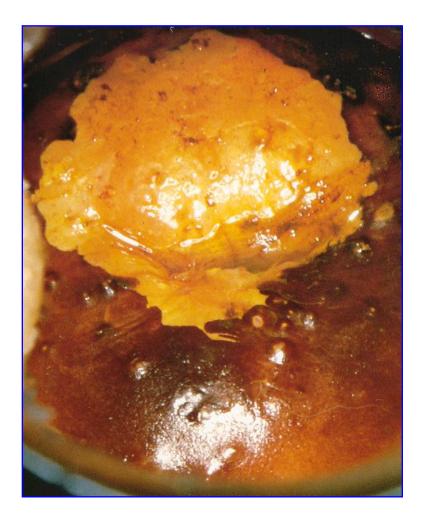
SEVERE/HIGH GRADE ABNORMALITIES

Distinct raised edge Within larger low-grade lesion:

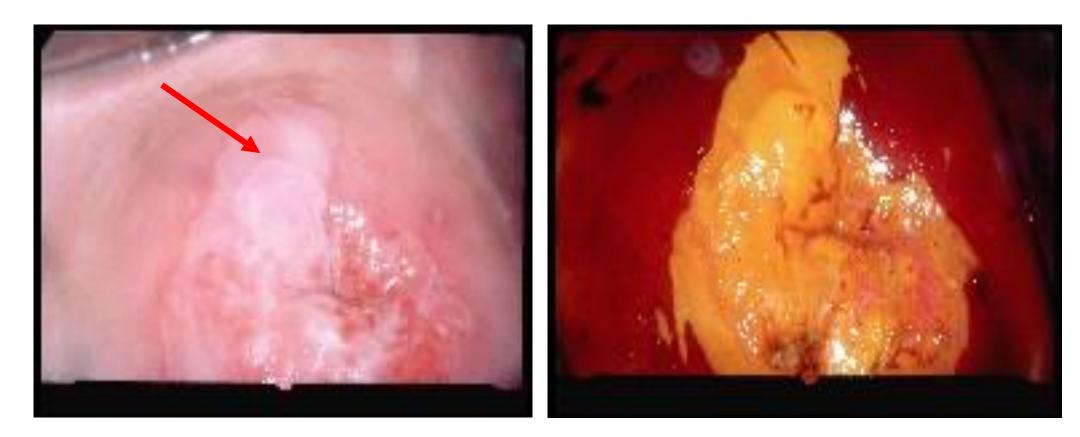
> internal margin or demarcation







H SIL CIN-2

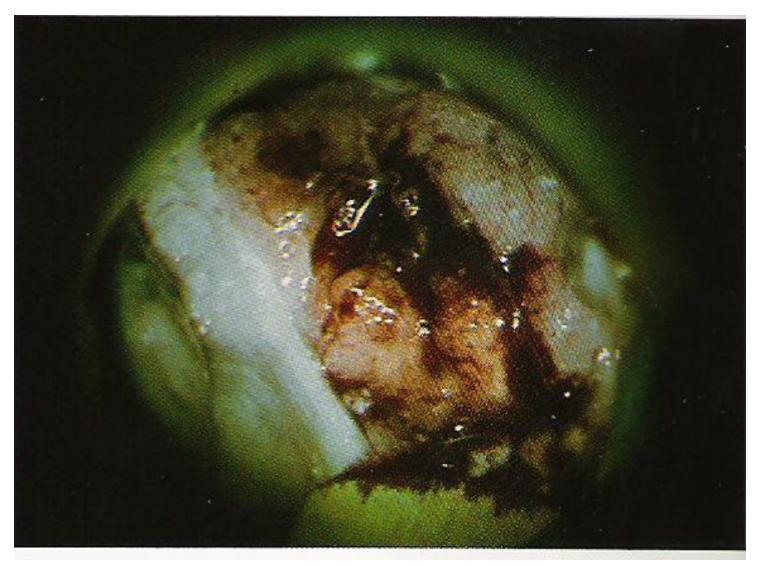


SURFACE CONTOUR

Smooth Papillary Nodular Uneven **Ulcerated**



Smooth surface CIN I



Green filter; Nodularity Bx:Invasive Cx Ca

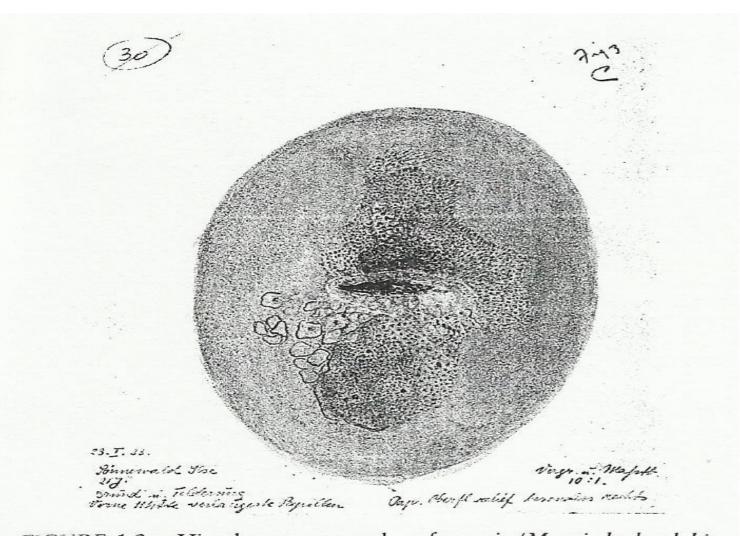
VASCULAR PATTERNS

Punctation

Mosaic

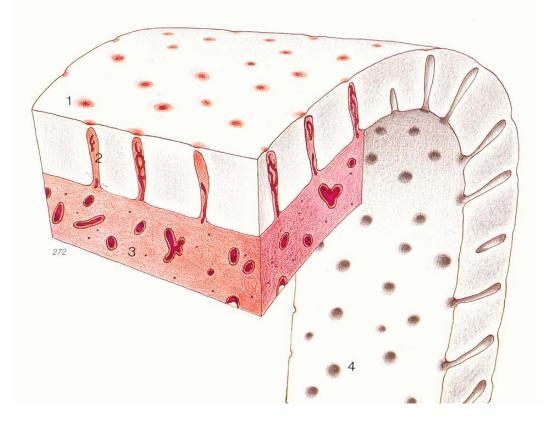
Atypical vessels Intercapillary distance

Punctation Mosaic

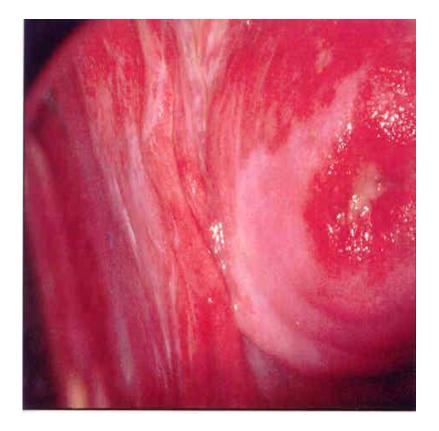


Hinselmann watercolor of mosaic (Mosaic leukoplakia or Felderung) and punctation (Ground leukoplakia or Leukoplakieground)

Punctation

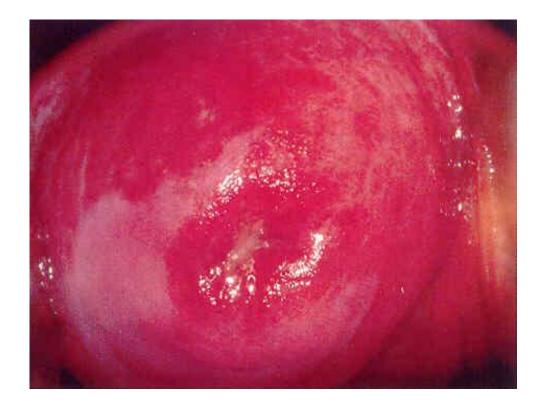






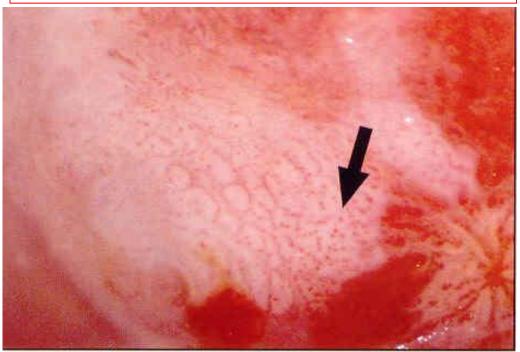
Diffuse punctation on vagina and cervix

Inflammation





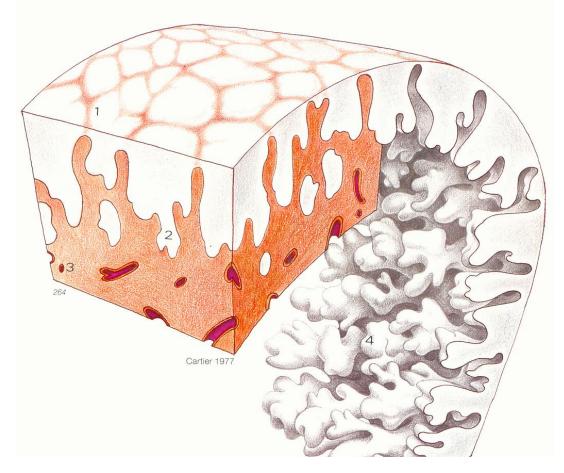
Fine punctation uniform CIN 1



Course punctation dlated capillaries, large intercapillary distance CIN 3



Mosaic



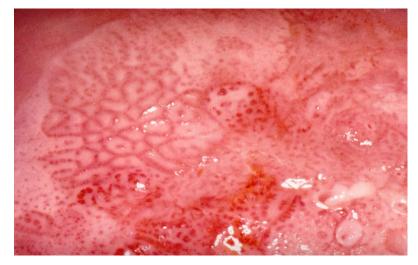


Fine mosaic Immature metaplasia or CIN 1

Survey and



Course mosaic Dilated vessels, increased intercapillary distance More irregular pattern CIN 3





Terminal vessels, irregularities in shape course density caliber spatial arrangement **Intercapillary distance is larger**

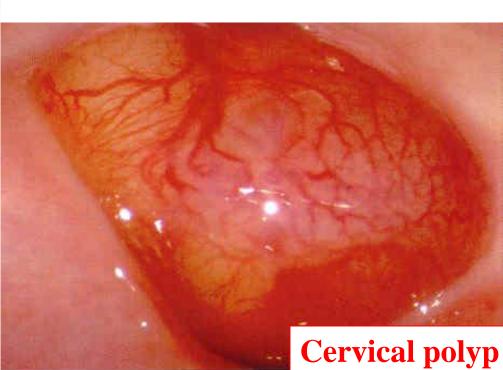
Atypical vessels and histologic diagnosis

Histologic diagnosis	Atypical vessels %	
Benign lesions	0.6	
Dysplasia	0.7	
Carcinoma in situ	16.7	
Early invasive carcinoma	76.9	
Invasive carcinoma	96.6	

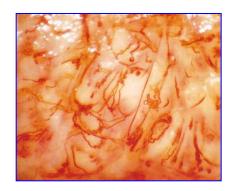
Nabothian cyst

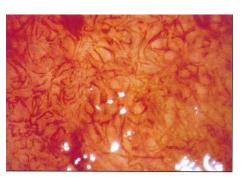
Normal vessels like a tree

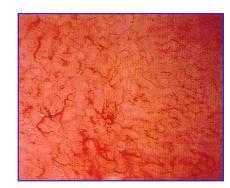
large to thin

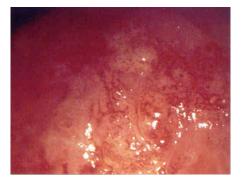


Atypical vessels Glomeruloid hairpin, Commas, Corkscrew, Waste paper, Spaghetti form Tendril, Waste-thread

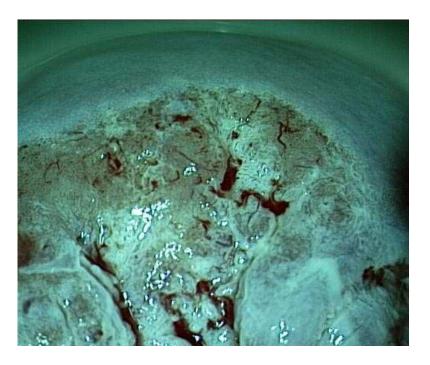


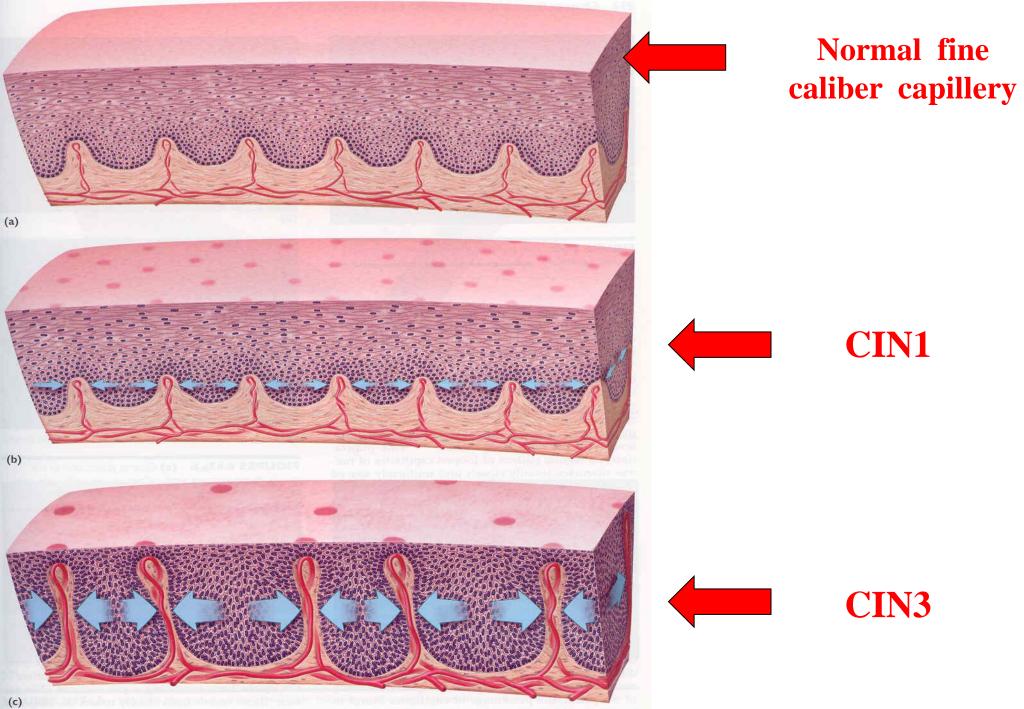




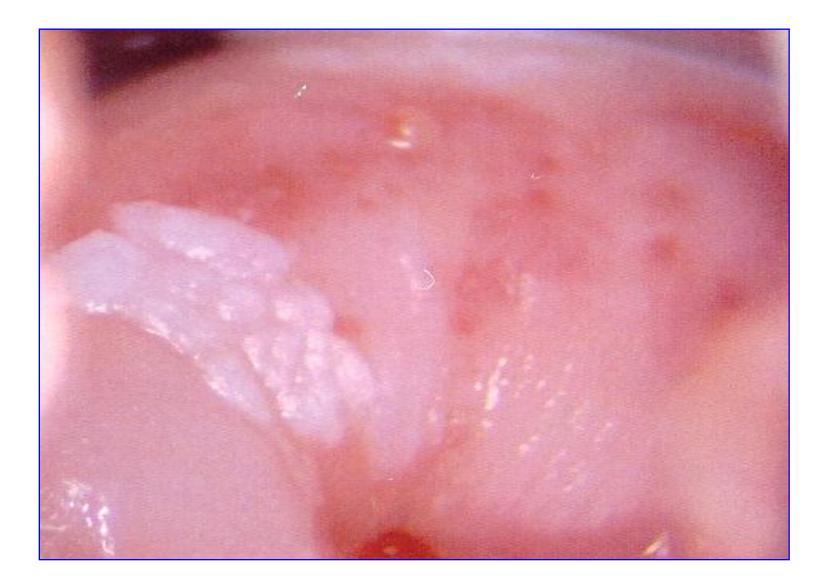








keratosis (formerly leukoplakia)







GRADING OF ABNORMAL COLPOSCOPIC FINDINGS Coppleson and co workers

Grade 1 (insignificant, not suspicious) acetowhite epithelium, usually shiny or semitransparent, borders not necessarily sharp, with or without fine-caliber vessels, often with ill-defined patterns, absence of atypical vessels, small intercapillary distance metaplastic epithelium (immature,mature,acanthotic); CIN 1 **SPI**:

GRADING OF ABNORMAL COLPOSCOPIC FINDINGS Coppleson and co workers

Grade 2 (significant, suspicious) acetowhite epithelium with greater opacity with sharp borders, with or without dilated-caliber, regularly shaped vessels, absence of atypical vessels, usually increased intercapillary distance

CIN 2; CIN 3

GRADING OF ABNORMAL COLPOSCOPIC FINDINGS Coppleson and co workers

Grade 3 (highly significant, highly suspicious) very white or gray opaque epithelium with sharp borders,

- dilated-caliber,irregularly shaped,often coiled,occasional atypical vessels,
- increased but variable intercapillary distance, irregular surface contour- microexophytic

epithelium

CIN 3; early invasion

THE COMBINED COLPOSCOPIC INDEX

Colposcopic

sign	Zero point	1 Point	2 Points
Margin	Condylomatous or micropapillary contour	Regular lesions with smooth,straight	Rolled,peeling edges Internal demarcations
	Indistinct acetowhitening	outlines	between areas of
	Flocculated or feathered margins,		differing appearance
	Angular, jagging lesions		
	Satellite lesions and acetowhitening that extends beyond T/Z		
Color	Shiny, snow white color	Intermediate shade	Dull,oyster white
	Indistinct acetowhitening	(shiny grey)	
Vessels	Fine-caliber vessels,poorly formed patterns	Absent vessels	Definite punctation or mosaicism
	Condylomatous or micropapillary lesions		
Iodine	Positive iodine staining	Partial iodine	Negative staining
	Minor iodine negativity	uptake	of significant lesion

0-2: SPI or CIN1 3-5: CIN I-II 6-8: CIN II-III Aneuploid lesions

THE MODIFIED REID COLPOSCOPIC INDEX

Colposcopic

SI	Ę	5	1
	1	_	_

Zero point

- ColorLow intensity , indistinct,
transparent acetowhitening
Acetowhitening beyond T/Z
Pure snow-white color with
intense surface shineMarginMicrocondylomatous or
micropapillary contour
- surface Flat lesions with indistinct borders Feathered or finely scalloped margins Angular,jagged lesions Satellite lesions beyond T/Z
 Vessels Fine/uniform caliber vessels, Poorly formed patterns of punctation and/or mosaic
 Vessels beyond T/Z
 Fine vessels within condylomatous or micropapillary lesions
 Iodine Positive iodine staining
 - mahogony brown

1 Point Intermediate shadegray-white color and shiny surface

Regular shaped lesions with smooth, straight outlines

Absent vessels

2 Points Dull,oyster -white Gray

Rolled, peeling edges Internal demarcations between areas of differing appearance

Well-defined coarse punctation or mosaic, sharply demarcated

Partial iodine uptake tortoise shell Negative staining mustard yellow

0-2: LSIL - HPV / atypia 3-4: Overlap 5-8: HSIL

Swede Score

Sign	Α	В	С
Aceto	0 or transparent	Shady, milky	Distinct
Margin status	0 or diffuse	Sharp but irregular, jagged, geographical	Sharp and even, difference in surface level including cuffing
Vessel pattern	Fine regular	Absent	Coarse or atypical vessels
Lesion size	<5mm	5 – 15mm Or two quadrants	>15mm or 3 – 4 quadrants or endocervically undefined
Iodine staining	Brown	Faintly or patchily yellow	Distinct yellow
Final score	0	1	2

GOLD STANDART

in the diagnosis of cervical precancer

COLPOSCOPY ASSOCIATED BIOPSY



• When?

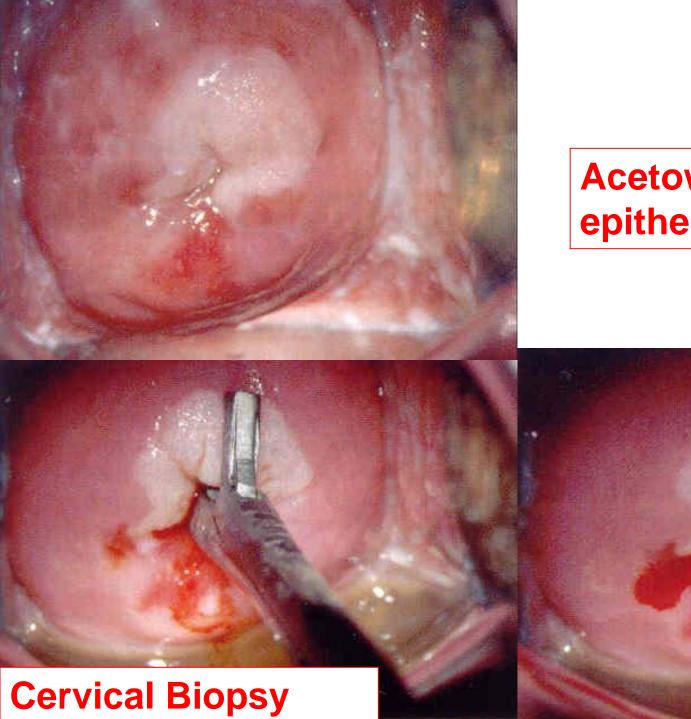


- When in doubt / to confirm view
- Where?
 - Most relevant spot
 - Transformation zone
- How
 - Firm bite
 - **Avoid small biopsy**
 - It sould contain stromal tissue

Cervical punch biopsy forceps







Acetowhite epithelium

Hemostasis

- Do nothing waiting,
- Compression
- Silver nitrate (stick)
- Monsel
- Suture







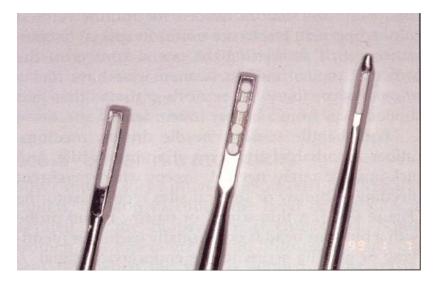


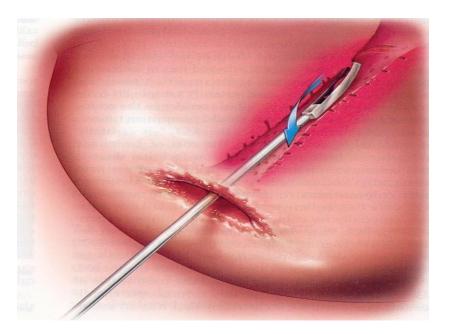
Ferric sulfate base: 15 g
Ferrous sulfate powder a few grains /
Sterile water for mixing: 10 ml
Glycerol starch 12 g

Endocervical curettes



Kevorkian Collector[™]

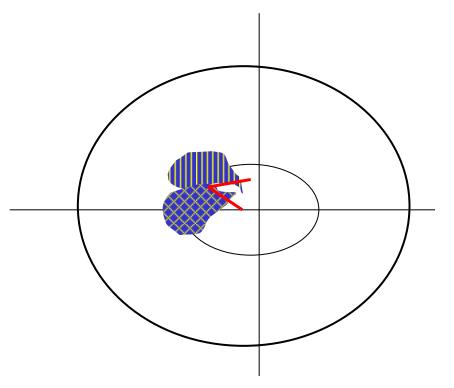




Documentation

• Colpogram

- Satisfactory/unsatisfactory
- Description of findings
- -Location of biopsies



- Integration of cytology/colposcopy/pathology

 Delineation of treatment and follow-up
 - Inform patient and referring doctor



